Government College for Girls, Ludhiana

(NAAC Accredited 'A' Grade)



CRITERION -3

Key indicator 3.2

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Session 2021-22

1.Aroma facial Workshop for beauty and wellness students:-One day workshop on Aroma Facial method was organized for the students of Beauty and Wellness on 14-7-2021 where Mrs. Usha Arora from Hiyaav Beauty Clinic were invited to give tips regarding different facial methods. Students learned different methods for better facial techniques.



2.Webinar on Communication Skills: An Online interactive webinar was organized for students on 25-9-2021 by Bull's Eye Institute on the topic 'A-Z of Communication' to mark the importance of good communication skills for future development and growth. Officials from the institute interacted with students and guided them to develop good communication skills to have good career opportunities.



<u>3.Webinar on GM Crop Regulations:-</u> Online Guest lecture was organised by PG department of Botany and Department of Bio-Chemistry on 6-10-2021 the topic **GM Crop regulations: Scope and Opportunities using CRISPR-Cas9** Genome approach where Dr. Vinay Kumar Assistant Professor Deptt. of Botany School of Basic Sciences Central University Punjab, Bathinda were the speaker. He enlightened students with the benefits of using GM modified crops.



4.Workshop by Bajaj Finserv: Workshop was organized for commerce students on 9-10-2021 where training on different skills was provided by the officials of Bajaj FinServ which included Retail Banking, Communication and Workplace skills, overview of insurance etc. Students learned skills which could help them to become better entrepreneurs.



<u>5.A one day workshop cum Extension Lecture:</u> An online Extension lecture was organized on 12-10-2021 for the students of music department where Dr. Ravi Sharma Former Dean and Head, Dept. of Music MD University, Rohtak discussed "Sangeet ke kshetra mein swarozgar ki sambhavnein-Employability opportunities". It was telecasted live on college you tube channel.

Link:- https://www.youtube.com/watch?v=kuPYy-fJzaE

<u>6.Workshop on Organic Facial:</u> A Workshop with demonstration session on 23-11-2021 on topic "Organic Facial" was organized where Ms. Priya from VLCC institute Ludhiana was invited to interact with students and to guide them regarding essentials of Organic Facial. Students learned different methods and tips related to Organic Facial.



7.Workshop on Glamour Bridal Looks:-A Workshop with demonstration session on Glamour Bridal Looks was organized on 24-11-2021 where make-up artist Ms. Pooja Batra from Pooja Batra make-up studio Ludhiana was invited for the session. Students were given hand on practice on models.



8.Webinar on Baani:Sangetak Paripekh:-Webinar to mark 400th Guru Teg Bahadur Ji Parkash Purab was organised on 27-11-2021 where Dr. Nivedita Singh HOD Dept. Of Music, Punjabi University Patiala was invited. He talked on the subject Shri Guru Teg Bahadur Baani: Sangeetak Paripekh. It motivated students of music and punjabi for research on baani. It was telecasted live on Youtube channel.

Link:- https://www.youtube.com/watch?v=eowOktBhW2s

9.Workshop on Database Integration:- Workshop on Database Integration with PHP was conducted for computer students on 4-12-2021. The speaker was Antra Verma Associate Software Engineer VT NETZWELT pvt ltd. The workshop was organized to introduce the working of the backend in website development with coding using PHP and MYSQL. Students learned techniques and practiced them. It was organized through google meet.



<u>10. E-Webinar on Data Sciences</u>:-E-Webinar on Data Sciences was organized on 15-1-2022 on the topic 'Introduction to MBA Specialization in Data Sciences 'which was conducted by New Delhi Institute of Management. The webinar was organized with the aim to deliberate students on the career opportunities available in field of data analyst.



11.Workshop on CYBER AWARENESS:-A workshop was organized on 11-2-2022 on the topic CYBER AWARENESS. It was organized for students to teach them different ways to protect their online data and to prevent cyber crime. Mr. Puneet from PG dept of Computer Applications was the speaker. By this workshop students were guided to keep secret passwords which could be difficult to hack. It was streamed live on Youtube.

Link:- https://youtu.be/c8D4KCiDjjc

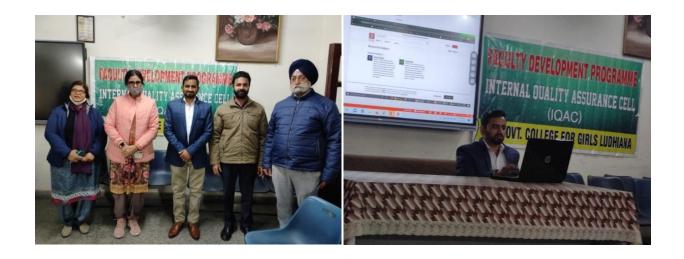
<u>12.Webinar on Basic Elements for Entrepreneurship:</u> Interactive Webinar on "How to win the Game of Life?" was organized on 3-3-2022. The session was conducted by Ms. Meera Dhamija, the administrator of Siddhartha International School Haryana, session aimed to interactively engage students to guide them the right path to achieve their future goals and aims in their life.



<u>13.Workshop on Skin and Hair:</u>-Workshop on Skin and Hair Care were organized on 12-3-2022 for the students of Community College where Mrs. Usha Arora and faculty of Hiyaav Beauty Clinic gave practical training to students.



14.Workshop on Effective use of Library e-sources:-One day workshop was organized for teaching and non-teaching faculty the Effective use of library e-sources and services on 15-3-2022. The workshop was conducted by Dr. Mahipal Librarian Khalsa college, Sidhwa Khurd. Information about different websites to find research paper/ books/ study material etc. was shared with faculty.



<u>15.Workshop on IPR:-</u> One Day workshop regarding awareness for Intellectual Property Rights under the National Intellectual Property Awareness Mission organized on 15-3-2022 in collaboration with Ministry of Commerce and Industry Govt. of India. Ms. Tripti Pandey, an Official of Govt. interacted with staff and students. This workshop guided students regarding copyrights and patent filing.



16. Workshop on Employability Enhancement Program: A workshop based on Employability Enhancement Program was organized on 24-3-2022 where Er. Shilpa Miglani Narang Assistant Professor GNIMT Ludhiana, carried out a very interactive session to inspire young minds with a detailed discussion the employability skills that one should must have.



17. Workshop on Basic Counseling Skills:-Workshop on Basic Counseling Skills was conducted by Manojigyasa-A society of psychology students on 6-4-2022. An Expert talk on the topic" Basic Counseling skills" was organized. Talk was given by Ms. Harshvardaan Kaur Chahal Mental health Counselor, Ldh.



18. One week Skin and Hair Care:-One week workshop was organized on Skin and Hair Care for the students of Beauty and Wellness from 18-4-2022 in collaboration with Hiyaav Beauty Clinic, under the MoU signed with Hiyaav beauty clinic.



19. Workshop on Drug Addiction:-Webinar on Drug Addiction Current Trends, Management and Social Impact of Drugs by Anti Drug Society. It was organized on 18-5-2022. Dr. Hari Singh Jachak Retd. Defence Officer was invited for talk. He guided students to follow the healthy lifestyle to be successful in life and to stay away from drugs. It was telecasted live on college you-tube channel.

Link:- https://youtu.be/QlBHnCnvYFI



20.Seminar on Nutrition in Cancer:-On 11-6-2022 Seminar on Nutrition in Cancer was organized for the UG and PG students of Home science. The talk was given by Dietitian Urvashi Bajaj, Cancer care centre, DMCH, LDH to in which she imparted knowledge about different types of diets used for cancer patients. It was helpful to the students for their future endeavors in the firld of dietitics.



Session 2020-2021

1.One Day Workshop on Biodiversity Nutri Garden:-One day online workshop was organized by Home Science Department on 24-9-2020 on the topic Wellness in our hands: Biodiversity Nutri Garden where Dr. Jagmeet Madan, Dr. Kulbir Singh, Dr. Kanwal Gurmeet Singh, Dr. Jaswinder Brar and Dr. Kiran Bains were the speakers. It aimed at the introduction to healthy life and career opportunities in the field of Nutri Garden. It was streamed live on you-tube channel.

Link:- https://www.youtube.com/watch?v=OwRK6A506WI

2.One week FDP on Research Faculty:-National Faculty Development Program on "Research Methodology" was organized by IQAC from 15-3-2021 to 20-3-2021 where Mr. Ajay from Mittal School of Business LPU was the speaker. He enriched Faculty with different methodologies useful for research. All sessions were live on Youtube.

Links:-https://www.youtube.com/watch?v=veXLoHAJM_A https://www.youtube.com/watch?v=4xIIT3iq4GQ https://www.youtube.com/watch?v=03wBJ2H_-He https://www.youtube.com/watch?v=AoqX1PK1V94 https://www.youtube.com/watch?v=XILH8x0SPKg https://www.youtube.com/watch?v=91Pw-L-cbr0

<u>3.Interactive webinar:</u> An interactive webinar was organized on 7-4-2021 for Commerce students where Mr. Abhishek Sharma CEO SPS Versity interacted with students on the topic "Taking Future in your Hand Student Power". The webinar was very interesting and thought provoking.



Session 2019-2020

1.One Day Seminar on Corporate Expectations: A seminar on "Corporate Expectations" by Mr. Prashant Somani CA An alumni of IIM, Indore on 4-9-2019. He enlightened students about crucial skills that must be developed to be successful in Corporate Sector. It was beneficial to students for future aspects.



2.Workshop on Makeup Techniques:-A live makeup session was organized for the students of Beauty and Wellness on 11-9-2019 in which a renowned make-up artist Mr. Goldy Hunjan and Mr. Anubhav Bhardwaj taught various techniques of makeup. Students learned and practiced various techniques.



3.Seminar on career opportunities:- Seminar on career opportunities in IT sector by PG Dept of Computer and Science Application on 17-9-2019 in which Dr.

Shweta from Skill Mapping- a unit of career Guidance interacted with students and guided them regarding various opportunities in the field.



4.Workshop on Anaemia free India: An extension lecture cum workshop on the topic "Anaemia free India" was organized for the students of Home Science on 23-9-2019 where Dr. Balwinder kaur from Health and Welfare Dept. delivered lecture and guided students to be anaemic free. This workshop benefitted students for their future prospects.



5.A workshop on First Aid:-A workshop was conducted to introduce "First aid methods" by Red Cross society of college on 25-10-2019 where Dr. Ashish Ahuja,

Senior Consultant Laparoscopic Bariatric Surgeon, Assistant Professor in Department of Surgery DMC, Ludhiana. He demonstrated methods of First-Aid and taught various methods.



6.A Seminar on Personal Branding:-A seminar was organized by Commerce students on the topic "Personal Branding" on 1-11-2019 where Dr. Prashant Sharma Assistant Professor at Jaipuria Institute of Management. He highlighted the importance of hard work and sincerity towards work to become a brand in itself. This workshop leads students towards first step of being a successful entrepreneur.



7.Seminar on Mushroom study:-A seminar on "Fascinating study of mushrooms" was organized for students of Botany Department on 6-11-2019 where Dr. Manruchi from Khalsa College for Girls was the key speaker. She highlighted different ways and varieties of mushrooms and opportunities for earning in this field.



8.Workshop on Digital marketing:-A workshop on trends of digital marketing and web applications was organized on 14-11-2019 by PG Dept of Computer and Application where Mr. Harjot Singh (MBA, M.Sc. IT and PHP develop) and Mr. Umesh Jindal (MBA, B.Sc. IT, Hardware and Software expert) taught different aspects of digital field.



9.Workshop on Paper Flower Making:-Workshop on Paper Flower making was organized for the students of Home Science on 2-2-2020 where an artist Mr. Raj Kumar was invited to teach students various techniques of paper flower making.



<u>10.Workshop on Embroidery techniques</u>:-Workshop on different embroidery techniques was organised for the students of Home Science Dept. on 25-2-2020 where Mr. Narottam and Mr. Manoharlal, embroidery artists were invited and they gave the demonstration to the students. Students also tried the techniques taught by them.



11.A seminar on Food exchange and its Applications:-A seminar on "Food exchange and its applications in normal and Therapeutic Nutrition" was organized for students of Home Science on 25-2-2020 in which Dt. Shweta from DMC hospital interacted with students on the topic. This workshop opened various career aspects for future of students.



<u>12.Workshop</u> on <u>Make-up</u> and <u>Hair style</u>:-A demonstration session cum workshop for Make-up and Hair style was organized on 7-3-2020 for the students of Community College where Ms. Simran from Lakme Salon Ldh. was invited to give demonstration to students regarding techniques and tips for Make-up and Hair styles.



13.Webinar on E-content and Teaching Tools:-A Webinar was organized by IQAC on the topic Learning Management system on 6-6-2020 in which Dr. Tejinderpal Singh Associate Professor UBS, Punjab University Chandigarh explained "How to prepare for Online Teaching tools" and "Video recordings and E-Content". It was streamed live on You-tube channel of college.

Link:-https://youtu.be/gBWoaxdUOeI

https://youtu.be/AP1gzoVLvAM

14.Webinar on Teaching Learning Process:-A One day Webinar cum Faculty Development Program was organized based on Effective Teaching learning Process on 7-7-2020 where Dr. Jayanti Dutta Deputy Director HRDC P.U. Chd was invited for talk. It was divided in two sessions. Both sessions were live on college You-tube channel.

Links for both sessions:- https://www.youtube.com/watch?v=Us2AuDEX5bQ https://www.youtube.com/watch?v=gK1Y4YK1IPc

15.Seminar on Designing Effective Lessons:-An online Seminar cum Faculty Development program was organized by IQAC on Designing Effective Lessons-understanding the pedagogy on 4-7-2020 where Dr. Pargat Singh Garcha from GHG Gurusar Sudhar Ldh was the Guest Speaker. The program focused on the ways to make online teaching effective. It was streamed live on You-tube channel of college.

Link:- https://www.youtube.com/watch?v=2EuKgJu0-lM&t=78s

<u>16.Webinar on Wellness-Health Awareness</u>:-Discover Wellness-Health awareness webinar was organized for the Faculty and Students on 7-7-2020 where Sheryl Salis, Director NHS, Mumbai was invited as speaker. It was streamed live through college youtube channel for the students and community. During Covid-19 situations, the seminar provided tips to manage stress and live healthy life.

Link:- https://www.youtube.com/watch?v=74rsnGnJI50&t=7789s

Session 2018-2019

1.Seminar on career Opportunities and Resume writing:-Seminar on career Opportunities and Resume writing was organized for the students of Business Administration Deptt. on 18-10-2018 in which resource person was Ms. Ishita Arora Training Head Skill Mapping, Ludhiana. The seminar benefitted students by enriching them with basic skills essential for job opportunities.



2.Seminar on hacking and cyber security:- Seminar on hacking and cyber security was organized on 30-10-2018. Resource persons were Mr. Ashish Jalota (CEO) Mr. Anshu Aneja (Director) ANSH INFOTECH, Ludhiana. They guided students about cyber security systems and also about job opportunities in this field.



3.Seminar on Research in Gurbani:-Seminar on Guru Nanak Dev Ji's teachings was organized on 6-11-2018. Resource person was Dr. Sarabjit Singh, Department of Journalism, PAU. In the seminar research on Gurbani and its future aspects were highlighted.



4.Workshop on Body Composition and Assesment: An workshop on "Body Composition" and "Methods of Assesment" was organized on 17-11-2018 for students of Home science deptt. Mrs. Renuka Asst. prof. food and Nutrition PAU ldh was invited as the speaker. Demonstration was given to check parameters for body analysis. Workshop was aimed to give practical training to students.



<u>5.Workshop on Advance Makeup Techniques:</u> A workshop on Advance makeup techniques was organized for the students of Beauty and Wellness on 7-12-2018 where Make-up artist Monika Wahi was invited. She practically taught students various techniques and tips for Make-up.



<u>6.Seminar on Competitive Exam Preparation:</u>Seminar on 'How to prepare for competitive exams' was organized for students on 29-1-2019. Resource person was Dr. D.K. Bharti Director Panacea Bharti Institutes pvt.ltd. Students were guided about different competitive exams and ways of preparation.



7.Seminar on Agro Forestry:-A seminar was organized to mark the significance of World Wetland day on 2-2-2019. Resource person was Dr. Rishi Inder Singh Gill, Technical advisor to VC, PAU. Topic was "Current Status of Agro Forestry in Punjab as well as in India". The seminar enlightened students with the knowledge of forest pattern in India.



8.Workshop on Web Designing:-A lecture and workshop on Web Designing was organized for computer students on 6-2-2019. Resource person were Mr.Ashish Jalota (C.E.O.) Mr. Anshu Aneja (Director) ANSH InfoTech. The seminar highlighted the key points essential for Web designing which will benefit students in their career.



9.Workshop on Make-up techniques:-A 2 day demonstration workshop was organized for the students of Beauty and Wellness 6-2-2019 and 7-2-2019 where Ms.Teena from Matrix Institute gave practical training to students regarding skin care and make-up techniques. Students were given practical training.



<u>10.Workshop on</u> A workshop was organized to aware students about the studies on International level on 12-2-2019 by Career Counseling, Guidance and Placement Cell of the college in collaboration with SIEC education consultants Ludhiana. Resource person was Miss Bindu Manager SIEC Education.



<u>11.Seminar on Mother Tongue:-</u>Seminar to highlight the importance of Mother tongue was organized by PG Dept of Punjabi on 23-2-2019. Resource person was Dr. Amarjit singh Dua, Director of Guru Tegh Bahadur college of Nursing. Sir highlighted the need of study and research in Punjabi literature.



<u>12.Workshop on Micro Greens:</u>-Workshop on Micro Greens and Organic Farming by the Post Graduate Dept. of Home science under the ageis of IQAC of the college on 19-3-2019 where Dr. Rakesh Joshi from DAV College Amritsar and Dr. Juhi Bansal from Techno care Nursery were the key speaker. He enlightened the participants with the idea of organic farming and employability options.



<u>13.Workshop on Spa treatment</u>:-A workshop on Spa Treatment was organized for the students of Beauty and Wellness on 20-3-2019 where Dr. Dhanya Nair from The Kerala Ayurvedic Center was invited. She demonstrated the process and explained various tips.



14.Workshop on Music Fundamentals:-A workshop was organized by Music Dept where Lecture cum Demonstration on various fundamentals of Music on 26-3-2019. The demonstration was given by Dr. Alankar Singh from Panjab University. The workshop guided students to have better hand on instruments.



Session 2017-2018

1.Demonstartion cum workshop on Sewing Machines:- Demonstartion on Usha Sewing Machine different models was organized for Students of Home Science Department on 1-9-2017 where Sh. Karamjeet Singh from Usha machines gave demo on the working of different models regarding Stiches, Embroidery and peeco etc.



2.Seminar on Digital banking Services:-A seminar 11-9-2017 on" Creating awareness about Digital Banking service" was organized on for the students of Commerce Department where Staff members from Punjab National Bank (Bharat Nagar Chowk Branch) interacted with students and guided them about the ways to use smart phones, laptops etc.



<u>3.Seminar on Energy Metabolism:</u>-Seminar on "Energy Metabolism" was organized for students of PG Diploma in Nutrition and Dietetics on 18-9-2017 where Mrs. Renuka Asst. Professor Food and Nutrition PAU, Ludhiana was invited as speaker. The seminar benefitted students with the knowledge useful for the career of Dietician.



<u>4.Seminar on Goods and Service tax:</u>-A seminar on Topic "Goods and Service Tax" was organized on 24-11-2017 for commerce students where C.A. Dr. Vishal Garg was invited. He gave knowledge about GST, its significance and its usage.



<u>5.Seminar on Marcsism and Criticism system:</u> An extension lecture was organized by Punjabi department of our college for the students on 5-2-2018 where Dr. Surjit Singh Bhatti, writer, enlightened the topic and discussed the options for research related to the topic.



<u>6.Seminar on Communication and Interview Skills:</u> An interactive session was organized for the students of Commerce Dept on 5-2-2018. The topic for discussion was "Communication and Interview Skills" where a personality development trainer Ms. Sakshi acquainted students with necessary interview skills needed to crack job interviews.



7.Workshop cum Demonstration on Embroidery techniques:-Workshop was organized for the students of Home Science Department on Embroidery Techniques on 6-2-2018 where Sh. Rajkumar from Rajasthani Handicapped Organization gave the demonstration on embroidery to the students.



8.National Seminar on Biodiversity Conservation:- National Seminar on Biodiversity Conservation in a Mega diverse country: Issues, Challenges and Solutions was organized on 16-2-2018 where Prof. Sunita Kapila from Punjab university, Dr. Manruchi from Khalsa College for girls, Dr. Ahluwalia from Shoolni University Solan were the key speakers. Seminar was a platform for researchers to bring their work in front of society.

Link to the report on Facebook page of college: https://m.facebook.com/story.php?story_fbid=pfbid026YAMghYgRMHk6Aw5kMj7MCENfYmfcwULbD3XUNPFUgpa827ZEp5BhB36wxbS4cshl&id=577286182 324106&mibextid=Nif5oz

9.Seminar on Human Psychology:-A seminar on the studies of Human Psychology was organized on 27-3 2018 where Dr. Santha Kumari, Professor Department of Social Sciences, Thapar Institute of engineering and technology, Patiala was invited for the talk. She interacted with the students and discussed career opportunities in the field of Human Psychology.



<u>10.Seminar on Entrepreneurship:</u> An extension lecture was organized for Commerce students on 31-3-2018 where Prof. Ashwani Bhalla from SCD Govt. College was the speaker. The topic he discussed with young entrepreneurs was "Shaping Young Minds". He enlightened students by his knowledge and ideas for becoming successful entrepreneurs.



<u>11.Seminar on social sciences</u>:- An extension lecture was organized on the topic Understanding The Society and Culture: exploring critical paradigms of social sciences on 7-4-2018 where Dr. Raunki Ram, Professor Punjab University, Chandigarh were the speaker. He threw light on different aspects of the topic and guided students to explore the system by carrying out research on it.

