



NATIONAL NUTRITION MONTH CELEBRATION, 2020

IDA, Punjab Chapter  
NSI, Ludhiana Chapter  
&  
PAU, Ludhiana

Invite you to join a webinar

On

“Wellness in our Hands- Biodiverse Nutri Garden”

Join us on

September 24, 2020 (Thursday) at 11am



**Dr. Jagmeet Madan**  
National President, IDA



**Dr. Kulbir Singh**



**Dr. Kamal Gurmeet Singh**



**Dr. Jaswinder Brar**



**Dr. Kiran Bains**

## PROGRAMME SCHEDULE

Presidential address	Dr. Jagmeet Madan
Fruit nutrition garden	Dr. Jaswinder Brar
Vegetable nutrition garden	Dr. Kulbir Singh
Rooftop nutrition garden	Dr. Kamal Gurmeet Singh
Effect of food processing on bioactive compounds in plant foods	Dr. Kiran Bains

### Highlights

#### Releases:

Pocket Booklet and Video Message on Severe Acute Malnutrition

#### Result Announcement:

Protein Rich Recipe Competition

#### Registration Link:

<https://forms.gle/Zeip7m7GpHNpzBeRA>



**Dr. Jaspreet Kaur**

**Convener, IDA, Punjab Chapter**



**Ms Ruma Singh**

**Co-Convener, IDA, Punjab Chapter**