

Sachs, Melanine, Ayurvedic Beauty Care : Ageless Techniques to invoke Natural Beauty, Twin Lakes, Wisconsin
Sanderson Liz, How to make your own herbal cosmetics, Kaets Publishing, New Canaan, Connecticut.
Schweig, Rishi, Natural Bodycare Products: Glossary, Lotus Press, Twin Lakes, Wisconsin.
Loughran Joni, Lifetime of Beauty: The Definitive all – Natural guide to Skin & Hair Care, Summer flight Publishing, Petaluma, California.

Paper No. : MSC16- INTERNSHIP/PROJECT WORK

Maximum Marks : 200
Dissertation - 150 }
Viva - 50 }

The Internship/Project work will be of three months duration. During the fourth Semester there shall be two months for internship in an institution and one month for project work. No candidate who has passed the examination shall be awarded the Degree unless she has undergone the internship in an institution as aforesaid to the satisfaction of the Head of the Institutions where she has been studying. Students are required to submit a dissertation/research work on any of the topics covered under syllabus as per the survey conducted under that specified field.

GOVT COLLEGE FOR GIRLS
Msc Cosmetology and HealthCare (Internship) sem-4 Session 2024-25

S No.	ROLL NO.	STUDENT NAME	FATHER'S NAME	PROJECT NAME	INSTITUTE WHERE INTERNSHIP WAS DONE	DURATION	DATES
1	61341	AARTI RANI	YOGENDER KUMAR	NAILS	HAPPY BEAUTY SALON AND ACADEMY V.P.O HAMBRAN , DISTT. LUDHIANA	3 MONTHS	1MARCH TO 31 MAY 2025
2	61344	HARPREET KAUR	JARNAIL SINGH	SKIN AND HAIR	ROYAL AURA BEAUTY SALON , 173/134 DUGRI BACK SIDE BHARAT PETROLEUM, LUDHIANA.	3 MONTHS	7 APRIL TO 10 JULY 2025
3	61345	HARVINDER KAUR	HARDEV SINGH	SKIN	HAPPY BEAUTY SALON AND ACADEMY V.P.O HAMBRAN , DISTT. LUDHIANA	3 MONTHS	5 MARCH TO 7 JUNE
4	61346	INDERPREET KAUR	BHUPINDER SINGH	MAKEUP	CERTIFICATE OF INTERNSHIP MALKA BEAUTY POINT , LUDHIANA	3 MONTHS	1 JANUARY TO 31 MARCH
5	61349	MUSKAN KHOSLA	FATEH CHAND KHOSLA	MAKEUP AND HAIR	HAPPY BEAUTY SALON AND ACADEMY V.P.O HAMBRAN , DISTT. LUDHIANA	3 MONTHS	5 MARCH TO 7 JUNE
6	61350	RANDEEP KAUR	SURINDER SINGH	MAKEUP AND HAIR	HAPPY BEAUTY SALON AND ACADEMY V.P.O HAMBRAN , DISTT. LUDHIANA	3 MONTHS	12 MARCH TO 11 JUNE
7	61351	SANT KAUR	SANTOKH SINGH	MAKEUP AND SKIN	FACE DIARIES BY MD HAIBOWAL, LUDHIANA	3 MONTHS	10 APRIL TO 10 JULY
8	61352	SIMRANPREET KAUR	MOHAN SINGH	MAKEUP AND HAIR	SHIVANGI MAKEUP AND NAIL STUDIO , UPKAR NAGAR CIVIL LINES , LUDHIANA.	3 MONTHS	5 MARCH TO 10 JUNE
9	61353	SUSHMA YADAV	RADHE SHYAM YADAV	SKIN	HAPPY BEAUTY SALON AND ACADEMY V.P.O HAMBRAN , DISTT. LUDHIANA	3 MONTHS	5 MARCH TO 7 JUNE
10	61342	GUNVI VERMA	RAMAN VERMA	MAKEUP	HAPPY BEAUTY SALON AND ACADEMY V.P.O HAMBRAN , DISTT. LUDHIANA	3 MONTHS	2 APRIL TO 1 JULY
11	61343	HARMAN SAINI	VISHAL SAINY	MAKEUP AND NAILS	HAPPY BEAUTY SALON AND ACADEMY V.P.O HAMBRAN , DISTT. LUDHIANA	3 MONTHS	2 APRIL TO 1 JULY
12	61347	KHUSHI	VIJAY KUMAR	MAKEUP AND NAILS	SHIVANGI MAKEUP AND NAIL STUDIO , UPKAR NAGAR CIVIL LINES , LUDHIANA.	3 MONTHS	5 MARCH TO 10 JUNE
13	61348	MADHU KUMARI	KRISHAN DEV SHAH	MAKEUP	HAPPY BEAUTY SALON AND ACADEMY V.P.O HAMBRAN , DISTT. LUDHIANA	3 MONTHS	2 APRIL TO 1 JULY
14	61354	TANU BHANDARI	SATISH KUMAR BHANDARI	MAKEUP AND NAILS	HAPPY BEAUTY SALON AND ACADEMY V.P.O HAMBRAN , DISTT. LUDHIANA	3 MONTHS	2 APRIL TO 1 JULY

1. ਮਨੁ ਰਾਜਾ ਚੌਥਾ
2. ਹਰਪ੍ਰੀਤ ਕੌਰ
3. ਹਰਮਨ ਸਾਨੀ

Teacher Incharge

H.O.D

H.O.D

Principal

Principal

M. 88727-39782

Happy

BEAUTY SALON & ACADEMY

V.P.O. HAMBRAN, DISTT. LUDHIANA

CERTIFICATE OF COMPLETION

This is certify that Ms. Aarti Rani

has attended 3 months (internship) advanced workshop

in Nails at Hambhan

Dated 1/3/2025 - 31/5/2025

Director Harpreet Kaur

SH



ROYAL AURA

BEAUTY SALON

This certificate awarded to

Harpreet kaur

For advance workshop in skin and hair
at Ludhiana

3 month internship

177/134 Dugri Back Side Bharat Petroleum ludhiana

7 april 2025 -10 july 2025

Date



Randeep Kaur

Director

M. 88727-39782

Happy

BEAUTY SALON & ACADEMY

V.P.O. HAMBRAN, DISTT. LUDHIANA

CERTIFICATE OF COMPLETION

This is certify that Ms. Harvinder Kaur

has attended 3 months (internship) advanced workshop

in Skin at Hambran

Dated 5/3/2025 - 7/6/2025

Director Harpreet Kaur



CERTIFICATE OF INTERNSHIP

This certifies that

INDERPREET KAUR

Student of Malka beauty point, has successfully completed a course
of from professional makeup artist Jan 2025 to March 2025 under the
guidance of Malka

MALKA BEAUTY POINT

31-03-2025

DATE

Malka

INSTRUCTOR

M. 88727-39782

Happy

BEAUTY SALON & ACADEMY

V.P.O. HAMBRAN, DISTT. LUDHIANA

CERTIFICATE OF COMPLETION

This is certify that Ms. Muskan Khosla

has attended 3 months (internship) advanced workshop

in Makeup & Hair Styling at Hambran

Dated 5/3/2025 - 7/6/2025

Director Harpreet Kaur



M. 88727-39782

Happy

BEAUTY SALON & ACADEMY

V.P.O. HAMBRAN, DISTT. LUDHIANA

CERTIFICATE OF COMPLETION

This is certify that Ms. Randeep Kaur
has attended 3 months (internship) advanced workshop
in Makeup & Hair at Hambran

Dated 12/3/2025 - 11/6/2025

Director Harpreet Kaur



CERTIFICATE OF COMPLETION

This Certificate Is Proudly Presented For
successful Completion Of 3 Months Of "ADVANCED MAKEUP and SKIN CARE COURSE"

Ms. Sant Kaur

for successful Completion of 3 months of "Advanced Makeup and Skin Care Course" at
Face Diaries by MD, Haibowal, Ludhiana. She has showcased her exceptional skills throughout
the journey. We wish her good luck for the future.

July 10, 2025

Date

md

SIGNATURE



Shivangi Makeup And Nail Studio

Upkar nagar Civil Lines , Ludhiana

CERTIFICATE OF COMPLETION

SIMRANPREET KAUR

HAS ATTENDING BEGINNER COURSE OF MAKEUP AND
HAIRDRESSING AT SHIVANGI MAKEUP AND NAIL STUDIO

Sangita

Director

5/3/2025 to 8/6/2025

Date

M. 88727-39782

Happy

BEAUTY SALON & ACADEMY

V.P.O. HAMBRAN, DISTT. LUDHIANA

CERTIFICATE OF COMPLETION

This is certify that Sushma Yadav

has attended 3 months (internship) advanced workshop

in Skin at Hambran

Dated 5/3/2025 - 7/6/2025

Director Harpreet Kaur



M. 88727-39782

Happy

BEAUTY SALON & ACADEMY

V.P.O. HAMBRAN, DISTT. LUDHIANA

CERTIFICATE OF COMPLETION

This is certify that Ms. Gunvi Verma

has attended 3 months (internship) advanced workshop

in Makeup at Hambrian

Dated 2/4/2025 - 1/7/2025

Director Harpreet Kaur



M. 88727-39782

Happy

BEAUTY SALON & ACADEMY

V.P.O. HAMBRAN, DISTT. LUDHIANA

CERTIFICATE OF COMPLETION

This is certify that Ms. Hanman Saini

has attended 3 months (internship) advanced workshop

in Makeup & Nails at Hambrian

Dated 2/4/2025 - 1/7/2025

Director Haspreet Kaur

H





Shivangi Makeup And Nail Studio

Upkar nagar Civil Lines , Ludhiana

CERTIFICATE OF COMPLETION

KHUSHI

HAS ATTENDING BEGINNER COURSE OF MAKEUP AND
HAIRDRESSING AT SHIVANGI MAKEUP AND NAIL STUDIO

Sangita

Director

5-3-2025 to 10-6-2025

Date

M. 88727-39782

Happy

BEAUTY SALON & ACADEMY

V.P.O. HAMBRAN, DISTT. LUDHIANA

CERTIFICATE OF COMPLETION

This is certify that Madhu Kumari
has attended 3 months (internship) advanced workshop
in Makeup at Hambrian

Dated 5/3/2025 - 7/6/2025

Director Haspreet Kaur



M. 88727-39782

Happy

BEAUTY SALON & ACADEMY

V.P.O. HAMBRAN, DISTT. LUDHIANA

CERTIFICATE OF COMPLETION

This is certify that Ms. Tanu Bhandari

has attended 3 months (internship) advanced workshop

in Makeup & Nails at Hambrian

Dated 2/4/2025 - 1/7/2025

Director Harpreet Kaur

H



UNLOCKING RADIANCE : THE HERBAL COSMETICS

PROJECT REPORT



SUBMITTED BY

PUNJAB UNIVERSITY , CHANDIGARH

In partial fulfilment for the degree of

**MASTER OF SCIENCE IN
COSMETOLOGY AND HEALTH CARE**

(2023-2025)

SUPERVISED BY

MRS.ANURADHA BATT

SUBMITTED BY

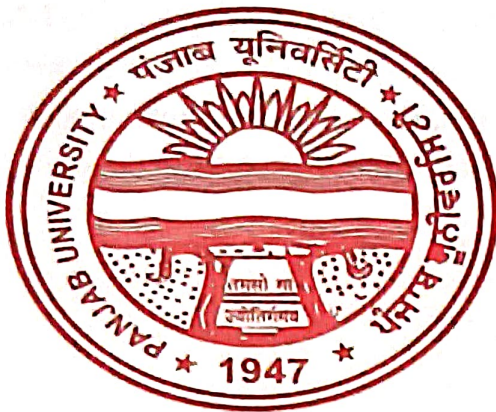
AARTI RANI

UNIV. ROLL NO.61341

GOVERNMENT COLLEGE FOR GIRLS, LUDHIANA

UNLOCKING RADIANCE: IMPACT OF A YOGA & MEDITATION INTERVENTION ON STUDENT'S STRESS & ANXIETY LEVELS

PROJECT REPORT



SUBMITTED TO
PUNJAB UNIVERSITY, CHANDIGARH

In partial fulfillment for the degree of

MASTER OF SCIENCE IN
COSMETOLOGY AND HEALTHCARE
(2023-2025)

SUPERVISED BY
MRS. ANURADHA BATTÀ

SUBMITTED BY
HARPREET KAUR

UNIV. ROLL NO.- 61344

GOVERNMENT COLLEGE FOR GIRLS, LUDHIANA

POST GRADUATION THESIS

M.Sc.in (Cosmetology and health Care)

PROJECT TITLE.....

The therapeutic benefits and methodology of massage therapy

NAME

Harvinder Kaur (61345)

THESIS MENTOR

Anuradha Bhatta

2025

PUNJAB



UNIVERSITY

“ A MORE PRETTY YOU : REVERSE
AGING THROUGH SKINCARE &
LIFESTYLE SOLUTIONS . “

A Master Thesis Submitted to the
DEPARTMENT OF COSMETOLGY
& HEALTH CARE .

Under the guidance of Assistant
Professor MRS HARPREET KAUR

By : INDERPREET KAUR [61346]



**Essential oils used in
aromatherapy: A systemic and
clinical study**



Λ

DISSERTATION

**SUBMITTED TO THE PANJAB UNIVERSITY, CHANDIGARH IN
THE**

**PARTIAL FULFILLMENT OF THE REQUIREMENT FOR THE
DEGREE**

OF

MASTER OF SCIENCE

IN

COSMETOLOGY AND HEALTH CARE

Submitted to:-

Mrs Anuradha Batta

Department of cosmetology and health care

Submitted by

Muskan Khosla

MSC II

61349

**GOVERNMENT COLLEGE FOR GIRLS ,
LUDHIANA ,PUNJAB**

THE IMPACT OF COSMETIC ON CONSUMER BEHAVIOUR



A

Dissertation

**Submitted To The Panjab University, Chandigarh
In The Partial Fulfillment Of The Requirement For The Degree of
Master Of Science**

In

Cosmetology And Health Care, 2023-2025

Affiliated to

Government College for Girls, Ludhiana



Submitted To: Mrs. Anuradha Bhatta

Submitted By: Sant Kaur, M.Sc. (7807)
uni Roll no (61351)

A study on Knowledge Perceptions & Health Risk Awareness Towards Skin Lightening Products

Project Report



Submitted To

Panjab University Chandigarh
In Partial fulfillment for the degree of

Masters of Science
In
Cosmetology & Health Care
(2023 -2025)

Submitted to
Mrs. Anuradha Batta

Submitted By
Simranpreet Kaur
Uni. Roll No:- 61352

GOVERNMENT COLLEGE FOR GIRLS, LUDHIANA

**A STUDY AND COMPARISON OF BIOIMPEDANCE
PARAMETERS DURING FOOT MASSAGE REFLEXOLOGY
USING AROMA OIL**

A

THESIS



Submitted to Punjab university, Chandigarh in partial
fulfilment for the requirements for the degree of

**MASTER OF SCIENCE
IN
COSMETOLOGY & HEALTH CARE**

By

SUSHMA YADAV
Univ. Roll no.61353



**DEPARTMENT OF COSMETOLOGY
GOVT.COLLEGE FOR GIRLS, LUDHIANA**

2025

SKIN CARE ROUTINE & SKIN CARE (CTM)

PROJECT REPORT



**THE PUNJAB UNIVERSITY,
CHANDIGARH**

**MASTER OF SCIENCE IN
COSMETOLOGY AND
HEALTHCARE (2023-2025)**

**SUPERVISED BY
MRS ANURADHA BATTA.**

**SUBMITTED BY
GUNVI VERMA
61342**



**DEPARTMENT OF COSMETOLOGY GOVT.
COLLEGE FOR GIRLS, LUDHIANA 2025**



**HARMONIZING HAIR HEALTH – EXPLORING AYURVEDIC
APPROACHES**

A

DISSERTATION

**SUBMITTED TO THE PANJAB UNIVERSITY, CHANDIGARH IN
THE PARTIAL FULFILLMENT OF THE REQUIREMENT FOR THE
DEGREE OF**

MASTER OF SCIENCE

COSMETOLOGY AND HEALTH CARE

(2023-2025)

SUPERVISED BY

MRS. ANURADHA BATT

SUBMITTED BY

HARMAN SAINI

61343

GOVERNMENT COLLEGE FOR GIRLS, LUDHIANA



A STUDY ON INFLUENCE OF MAKEUP ON THE PERCEPTION OF BEAUTY

A

DISSERTATION

**SUBMITTED TO THE PANJAB UNIVERSITY, CHANDIGARH IN THE
PARTIAL FULFILLMENT OF THE REQUIREMENT FOR THE DEGREE**

OF

MASTER OF SCIENCE

IN

COSMETOLOGY AND HEALTH CARE

2025

SUBMITTED TO

HARPREET KAUR

ASSISTANT PROFESSOR

DEPARTMENT OF COSMETOLOGY AND HEALTH CARE

SUBMITTED BY

khushi

MSC II

7812

Uni Roll no 61347

GOVERNMENT COLLEGE COLLEGE FOR GIRL'S, LUDHIANA CITY

College of Excellence status by UGC

India's No. 1 College (2013-14)

The Potential for excellence by UGC

Star College Status to Science Department by UGC

Affiliated to Panjab University, Chandigarh

A unique prestigious Post Graduate Institute of Northern India

**FEMALE BUYING BEHAVIOUR RELATED TO FACIAL
SKIN CARE PRODUCTS**

**A
THESIS**



Submitted to Punjab university, Chandigarh in partial
fulfilment for the requirements for the degree of

MASTER OF SCIENCE

IN

COSMETOLOGY & HEALTH CARE

By

MADHU KUMARI

Univ. Roll no.61348



**DEPARTMENT OF COSMETOLOGY
GOVT.COLLEGE FOR GIRLS, LUDHIANA**

2025

**EXPLORING THE MAINTENANCE OF AYURVEDA SKIN
TREATMENT
PROJECT REPORT**



**SUBMITTED TO
PUNJAB UNIVERSITY, CHANDIGARH**

**In partial fulfilment for the degree of
MASTER OF SCIENCE IN**

**COSMETOLOGY AND HEALTHCARE
(2023-2025)**

**Supervised by:
Anuradha batta**

**Submitted by:
Tanu bhandari
61354**

GOVERNMENT COLLEGE FOR GIRLS, LUDHIANA