### **Government College for Girls, Ludhiana**

(NAAC Accredited 'A' Grade)



#### **Annexure**

#### **METRIC NO. 5.1.2**

Students benefitted by guidance for competitive examinations

and career counselling offered by the institution

#### **INDEX**

S. No.	Particulars
1	Revised Data Template
2	List of Programs Year wise
3	Detailed Reports of Programs

- 5.1.2 Capacity building and skills enhancement initiatives taken by the institution include the following
  1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

Revised data template for Capacity building and skills enhancement initiatives taken by the institution during last five years:

Name of the capacity development and skills enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
	Soft skills		
	2021-22		
Soft Skill Development	2021-22	1569	Finishing School, GCG, Ludhiana
Training on self management, Retail Banking,	0/10/2021	76	Career Counseling and Placement cell/Bajaj FinServ
Communication and Workplace skills	9/10/2021		
	2020-21		
Soft Skill Development	2020-21	1628	Finishing School, GCG, Ludhiana
The Advanced Soft Skill Program	21/1/2021	11	Gryphon Consultancy in association with GCG
	2019-20		
Soft Skill Development	2019-20	1883	Finishing School, GCG, Ludhiana
A Guest lecture on "Corporate Expectations" by Mr. Prashant Somani CA An alumni of IIM	4/9/2019	100	Women Forum, Career counseling and placement cell, Women Safety cell and Commerce society of GCG.
	2018-19		

Soft Skill Development	2018-19	1596	Finishing School, GCG, Ludhiana
Seminar on career Opportunities and resume writing	18/10/2018	200	Department of Business Administration of the college in collabration with Skill Mapping Institute Ludhiana./Ms. Ishita Arora Training head skill mapping ludhiana
	2017-18		
Soft Skill Development	2017-18	1598	Finishing School, GCG, Ludhiana
	Language and Communication	Skills	
	2021-22		
IELTS	2021-22	80	Dr Rupinder Kaur
Certificate Programme in Creative Writing and Content Development	1/1/2021	48	Jagat Guru Nanak Dev Punjab Sate Open University, Patiala (Ms Jaspreet kaur)
Online interactive webinar was organised by Bull's Eye Institute on the topic 'A-Z of Communication'.	25/9/2021	320	Commerce department/Bull's Eye Institute
Poster Making and slogan writing competition	2/11/2021	14	Multilingual society and dept. of Sociology
Poem Recitation competition on the occasion of International mother language day	21/2/2022	80	Multilingual society
Letter – Writing Competition	6/5/2022	50	Anti Drug Society
Bookmarked: A book Review event and expert Lecture was organised	24/5/2022	110	Manojigyasa-A society of psychology students and Student Counselling Cell

	2020-21			
IELTS	2020-21	31	6	Ms Vidya, Ms Shivani, Ms Rupinder Kaur
				History department
Online Inter-College Essay Writing Competition on the occasion of 400th anniversary of Shri Guru Teg Bahadur ji was organised	11/8/2020	1:	1	
Inter- College Digital essay writing competition		1	1	Youth Club and Department of History
about the preventive measures of Covid-19	17/8/2020			
	2019-20			Youth Club and PG
Inter College Poem Writing Competition	28/8/2020	18	8	Department of Punjabi
Inter- College Calligraphy Competition	28/8/2020	10	0	Youth Club and PG Department of Punjabi
	2018-19			
Competitions of Calligraphy, Lok Geet Gyan and Shudh Uchharan were organized	29/1/2019.	50	0	Punjabi Sahit Sabha of the college in collaboration with International Maat Bhasha Panderwara
Women day Celebration followed by oration competiton.	13/3/2020	25	0	Women forum and Women Safety Cell of GCG
	2017-18			
Seminar on the topic "Communication & Interview Skills"	5/2/2018	32	:5	Dept of Commerce
	LIFE SKILLS			
	2021-22			
Happiness Market under Anti-drug awareness week	13/6/2021		20	Anti Drug Society

International Yoga Day	21/6/2021	38	NCC Dept. of GCG
Fit India Pledge	13/8/2021	18	NCC Dept. of GCG
Fit India Freedom Run 2.0 Regular	23/8/2021	68	NCC Dept. of GCG
Webinar on Drug addiction	2/9/2021	30	Anti Drug Society
Happiness Market	29/9/2021	100	Student Council
CLEANLINESS DRIVE	1/10/2021	20	NSS UNIT of GCG
Swacch Bharat Abhiyaan	2/10/2021	150	Science Society and Environment and Swacch Society
PSYCHOLOGICAL FIRST AID: FIRST-LINE PSYCHOSOCIAL SUPPORT FOR STUDENTS	8/10/2021	50	Manojigyasa-A society of psychology students
A seminar on Drug Abuse	3/2/2022	100	Anti Drug Society
Swacch Bharat Abhiyan	10/2/2022	100	Environment and Swacch Society
Online Workshop on topic "Winning the game of Life"	3/3/2022	330	Commerce department/ Ms. Meera Dhamija
Workshop on Basic Counselling Skills by ms. Harshvardaan Kaur Chahal (Mental health Counsellor"	6/4/2022	100	Manojigyasa-A society of psychology students
Meditation Session	13/4/2022	40	Finishing School, GCG, Ludhiana
Workhop on how to develop stage skills for effective public speaking	18/5/2022	300	Finishing School, GCG, Ludhiana/ Ms Sanya bahl, Assistant Professoe KCW, ludhiana
A Guest Lecture on "Secrets to Happy Life" was organised	30/5/2022	50	Dept of Home Science

			Dept of Home Science
Guest Lecture on Nutrition in Cancer was		52	
delivered by dietitian Urvashi Bajaj, Cancer care			
centre,DMCH ,LDH	11/6/2022		
		75	NCC
Yoga activity on Awareness on Mental Fitness	21/6/2022	73	
	2020-21		
Interactive Webinar on 'Taking Future in Your Hand Student Empowerment'	4/7/2021	300	Dept of CommerceMr.Abhishek Sharma, CEO (SPS Versity)
Discover Wellness-Health awareness webinar	7/7/2020	300	Department of Home Science in collaboration with IDA/Sheryl Salis, Director NHS, Mumbai. Live streaming
Swachhta Pakhwada	1-12-2020 to 15-12-2020,	70	NCC units of GCG
S Wacinia 1 ani wada	2019-20		
A lecture on Harmful Effects of Drugs	15/3/2019	30	Anti Drug Cell of the college.
Yoga Day was celebrated	21/6/2019	140	GCG
A motivational lecture on the topic "To search a leader within"	26/7/2019	160	Commerce society, Women forum, Career counseling and placement cell and Women safety cell of GCG in collaboration with Bhramakumari's Asharam Ludhiana.
Cleanliness DRIVE	6/8/2019-10/8/2019	100	NSS unit of the college
An Eye Checkup camp	18/9/2019	250	Women Forum and Women safety cell of GCG in collaboration with Suhana

			Eye Hospital Ludhiana.
"The Happiness Market" an event to teach stress reliving techniques	1/10/2019	200	Women Forum and Women safety cell of GCG in collaboration with Suhana Eye Hospital Ludhiana.
"The Happiness Market"	1/10/2019	200	Women Forum and Women safety cell of GCG in collaboration with Suhana Eye Hospital Ludhiana.
Extension Lecture on on topic "Emotional Foundation matters" to address mental health of the students	24/10/2019	165	Dept of Commerce/Ms Madhu Surya member,Emotional Foundation
A seminar on 'First aid methods'	25/10/2019	100	red cross society/ Dr. Ashish Ahuja, Senior Consultant Laproscopic Bariatric Surgeon, Assistant Professor in Department of Surgery DMC, Ludhiana
An awareness lecture on 'Breast Cancer and Dental Care'	1/11/2019	250	Science Society of GCG
An awareness camp regarding the harmful effects of Stubble burning	1/11/2019	50	NSS unit of the college
A motivational Lecture on the topic 'Time management for managing stress'	4/2/2020	150	IQAC GCG
A seminar on Drug Abuse	13/2/2020	100	Anti Drug Cell of GCG
Healthy Canteen' was organised by students of PGDND	13/2/2020	20	Department of Home Science of GCG

International Medical Camp	26th February 2020- 2nd March 2020	7	Rotaract club of GCG in association with International Rotary Club
A seminar on corona virus	9/3/2020	80	Anti Drug Cell of GCG/ Dr. Kirti Dua, incharge of Centre For Wildlife Gadvasu University was the guest
Three Days online National Level event ' Happy Hour '	1-6-2020 to 3-6-2020	20	Rotaract Club, GCG
Yoga Day was celebrated	21/6/2020	150	NSS unitS of GCG
	2018-19		
An informative lecture on PCOD –causes and remedies Resource person was Dr. Geetanjali, Infertility specialist from Pal Hospital, Ludhiana	16/2/2018	400	Department of Commerce, Women Forum and Finishing School of the college/ Resource person was Dr. Geetanjali, Infertility specialist from Pal Hospital, Ludhiana
School health Day celebration "Ensuring safe and nutritious food"	16/7/2018	10	Dept. of Home science in collaboration with Indian Dietetics Association chapter Punjab
Extension Lecture on how to achieve success in life	30/8/2018	240	Mr Neeraj Rathod, Director T.I.M.E / Dept of Commerce
Yoga Meditation	10/10/2018	500	Dr. Sukhwinder Kaur, Dept of Commerce,GCG
Walk for Cancer	14/10/2018.	10	Legal literacy cell and NCC unit of the college in collaboration with Dainik Jagran.

Meditation Session	27/10/2018	100	Student Counselling cell, Consumer Forum of the college in collaboration with AYUDH Meditation, Kerala.
Yoga Meditation	18/02/2019	100	Mediation workshop at Chandigarh University, resource person being Pt. Sri Sri Ravi Shankar
World Mental Health Day and Happiness Market	9/10/2018	120	Student Council and Student counselling cell of the college in collaboration with Refocus organization.
Road Safety Awareness Rally	13/10/2018	150	Department of Business Management of the college.
Walk for Cancer	14/10/2018	200	Legal literacy cell and NCC unit of the college in collaboration with Dainik Jagran.
A lecture on Breast Cancer Awareness	16/10/2018	250	NSS unit of the college/ Resource person was Dr. Ritu Aggarwal a Radiation Oncologist.
Holistic Health and fitness fest	29/1/2019	200	Community college, IQAC, Anti Drug Cell in collaboration with IDA (Indian Dietetic Association) Punjab Chapter.
Cleanliness DRIVE	4/2/2019	150	NSS Unit of the college
A lecture on Harmful Effects of Drugs	15/3/2019	120	Anti Drug Cell of the college/ Dr. F.C Shukla, a retired scientist.

Diet clinic organised	28/9/2019	25	Department of Home Science
	2017-18		
An event to celebrate World Mosquito Day organised	20/8/2017	100	Department of Zoology
National nutrition week	1/9/2017 to 7/9/2017	15	Dept. of Home science
Breast Cancer Awareness program	8/11/2017	20	Rotaract club GCG
Seminar on "Energy Metabolism"	18/11/2017	40	Department of Home Science/ Mrs. Renuka Asst. Professor Food and Nutrition PAU
Seminar on Energy Metaconsin	ICT/Computing Skills		1710
	2021-22		
ICT and Networking	2021-22	43	Nidhi Dawar
b) Certificate/ Diploma Programme in Software Development and Programming	2021-22	89	Jagat Guru Nanak Dev Punjab Sate Open University, Patiala (Ms Jaspreet kaur)
c) Certificate Programme in Computer Aided Accounting	2021-22	78	Jagat Guru Nanak Dev Punjab Sate Open University, Patiala (Ms Jaspreet kaur)
d) Certificate Programme in GST Filing and Practice	2021-22	60	Jagat Guru Nanak Dev Punjab Sate Open University, Patiala (Ms Jaspreet kaur)
PPT competition was organised on the topic PSYCHOLOGICAL FIRST AID: FIRST-LINE PSYCHOSOCIAL SUPPORT FOR STUDENTS was organised.	16/10/2021	150	Manojigyasa-A society of psychology students

e) E-Workshop on Database Integration with PHP	4/12/2021	43	PG DEPARTMENT OF COMPUTER SCIENCE & APPLICATIONS
f) E-Webinar on Data Sciences	15/01/2022	120	Dept of Commerce
	2020-21		
ICT	2020-21	33	Nidhi
	2019-20		
ICT	2019-20	187	Nidhi Dawar, Deepika
An informative lecture on trends of digital marketing and web applications was organised	17/11/2019	200	Post Graduate Department of Computer Science of GCG
	2018-19		
ICT	2018-19	41	Nidhi Dawar
Seminar on hacking and cyber security was organised	30/10/2018	60	PG Department of Computer and Science Application of college in collaboration with ANSH INFOTECH
Seminar on Digital Marketing and Data Security was organised for mangement students	14/11/2018	200	Department of Business Management of the college in association with Hightech ,Ludhiana
A lecture and workshop on Web Hosting Designing /Resource person were Mr.Ashish Jalota (C.E.O.) Mr. Anshu Aneja (Director) ANSH INFOTECH	6/2/2019	150	PG Dept. of Computer and Science Applications of the college in collaboration with ANSH INFOTECH.

A seminar on "Cyber Security" held on 5th April, 2019. Resource person was Mr. Anshu Aneja (Director) ANSH INFOTECH	5/4/2019	100	Legal literacy cell in collaboration with Ansh Infotech.
100 March 200 Ma	2017-18		
IT and Networking	2017-18	36	Nidhi Dawar
Extension Lecture on "Creating awareness about Digital Banking Service."	9/11/2017	340	Dept of Commerce/ Punjab National Bank
Extension Lecture on topic "Goods & Services Tax "	24/11/2017	300	Dr C.A Vishal Garg Chartered Accountant/ Dept of Commerce

Govt. College for Girls LUDHIANA.

# List of programs conducted and the number of students enrolled for each of the events during the last five years

Name of the capacity development and skills enhancement program	Number of students enrolled
Soft skills	
2021-22	
Soft Skill Development	1569
Training on self management, Retail Banking, Communication and Workplace skills	76
2020-21	
Soft Skill Development	1628
The Advanced Soft Skill Program	11
2019-20	
Soft Skill Development	1883
A Guest lecture on "Corporate Expectations" by Mr. Prashant Somani CA An alumni of IIM	100
2018-19	
Soft Skill Development	1596
Seminar on career Opportunities and resume writing	200
2017-18	
Soft Skill Development	1598
Language and Communication Skills	<del>,</del>
2021-22	
IELTS	80
Certificate Programme in Creative Writing and Content Development	48
Online interactive webinar was organised by Bull's Eye Institute on the topic 'A-Z of Communication' .	320
Poster Making and slogan writing competition	14
Poem Recitation competition on the occasion of International mother language day	80
Letter – Writing Competition	50
Bookmarked: A book Review event and expert Lecture was organised	110
2020-21	
IELTS	316
Online Inter-College Essay Writing Competition on the occasion of 400th anniversary of Shri Guru Teg Bahadur ji was organised	11
Inter- College Digital essay writing competition about the preventive measures of Covid-19	11

2019-20	
Inter College Poem Writing Competition	18
Inter- College Calligraphy Competition	10
2018-19	
Competitions of Calligraphy, Lok Geet Gyan and Shudh Uchharan were organized	50
Women day Celebration followed by oration competiton.	250
2017-18	
Seminar on the topic "Communication & Interview Skills"	325
LIFE SKILLS	
2021-22	
Happiness Market under Anti-drug awareness week	20
International Yoga Day	38
Fit India Pledge	18
Fit India Freedom Run 2.0 Regular	68
Webinar on Drug addiction	30
Happiness Market	100
CLEANLINESS DRIVE	20
Swacch Bharat Abhiyaan	150
PSYCHOLOGICAL FIRST AID: FIRST-LINE PSYCHOSOCIAL SUPPORT FOR STUDENTS	50
A seminar on Drug Abuse	100
Swacch Bharat Abhiyan	100
Online Workshop on topic "Winning the game of Life"	330
Workshop on Basic Counselling Skills by ms. Harshvardaan Kaur Chahal (Mental health Counsellor"	100
Meditation Session	40
Workhop on how to develop stage skills for effective publiv speaking	300
A Guest Lecture on "Secrets to Happy Life" was organised	50
Guest Lecture on Nutrition in Cancer was delivered by dietitian Urvashi Bajaj, Cancer care centre, DMCH, LDH	52
Yoga activity on Awareness on Mental Fitness	75
2020-21	
Interactive Webinar on 'Taking Future in Your Hand Student Empowerment'	300
Discover Wellness-Health awareness webinar	300
Swachhta Pakhwada	70
2019-20	
A lecture on Harmful Effects of Drugs	30
Yoga Day was celebrated	140

A motivational lecture on the topic "To search a leader within"	160
Cleanliness DRIVE	100
An Eye Checkup camp	250
"The Happiness Market" an event to teach stress reliving techniques	200
"The Happiness Market"	200
Extension Lecture on on topic "Emotional Foundation matters" to address mental health of the students	165
A seminar on "First aid methods"	100
An awareness lecture on 'Breast Cancer and Dental Care'	250
An awareness camp regarding the harmful effects of Stubble burning	50
A motivational Lecture on the topic 'Time management for managing stress'	150
A seminar on Drug Abuse	100
Healthy Canteen' was organised by students of PGDND	20
International Medical Camp	7
A seminar on corona virus	80
Three Days online National Level event 'Happy Hour'	20
Yoga Day was celebrated	150
2018-19	
An informative lecture on PCOD –causes and remedies Resource person was Dr. Geetanjali, Infertility specialist from Pal Hospital, Ludhiana	400
School health Day celebration "Ensuring safe and nutritious food"	10
Extension Lecture on how to achieve success in life	240
Zehar Da Darya'- a play was organized	150
Yoga Meditation	500
Walk for Cancer	10
Meditation Session	100
Yoga Meditation	100
World Mental Health Day and Happiness Market	120
Road Safety Awareness Rally	150
Walk for Cancer	200
A lecture on Breast Cancer Awareness	250
Awareness Rally on the theme" Anemia Mukt Bharat"	15
Cleanliness DRIVE	150
A lecture on Harmful Effects of Drugs	120
Diet clinic organised	25
2017-18	
An event to celebrate World Mosquito Day organised	100
National nutrition week	15

Breast Cancer Awareness program	20
Seminar on "Energy Metabolism"	40
CT/Computing Skills	
2021-22	
ICT and Networking	43
b) Certificate/ Diploma Programme in Software Development and Programming	89
c) Certificate Programme in Computer Aided Accounting	78
d) Certificate Programme in GST Filing and Practice	60
PPT competition was organised on the topic PSYCHOLOGICAL FIRST AID: FIRST-LINE PSYCHOSOCIAL SUPPORT FOR STUDENTS was organised.	150
An extension lecture on the topic"How to make Powerful Presentation"was organised	95
e) E-Workshop on Database Integration with PHP	43
E-Webinar on Data Sciences	120
2020-21	
ICT	33
2019-20	
ICT	187
An informative lecture on trends of digital marketing and web applications was organised	*
2018-19	
CT	41
Seminar on hacking and cyber security was organised	
Seminar on Digital Marketing and Data Security was organised for mangement students	200
A lecture and workshop on Web Hosting Designing /Resource person were Mr.Ashish Jalota (C.E.O.) Mr. Anshu Aneja (Director) ANSH INFOTECH	150
A seminar on "Cyber Security" held on 5th April, 2019. Resource person was Mr. Anshu Aneja (Director) ANSH INFOTECH	100
2017-18	
IT and Networking	36
Extension Lecture on "Creating awareness about Digital Banking Service."	340
Extension Lecture on topic "Goods & Services Tax "	300

Principal,
Govt. College for Girls
LUDHIANA.

#### **ANNEXTURE**

#### Metric No 5.1.2

Following capacity development and skills enhancement activities are organised for improving students' capability

- 1. Soft skills
- 2. Language and communication skills
- 3. Life skills (Yoga, physical fitness, health and hygiene)
- 4. *ICT/computing skills*

#### GOVERNMENT COLLEGE FOR GIRLS, LUDHIANA

#### REPORT ON SKILL DEVELOPMENT INITIATIVES

#### **Finishing school**

Finishing school at GCG aims to develop soft skills, language, and communication skills, as well as life skills and ICT skills through structured modules prescribed by ITFT. Finishing school offers training in essential soft skills like interpersonal communication, teamwork, leadership, time management, and problem-solving crucial for personal and professional success, and finishing schools provide a structured environment for honing them. Besides, it also offers language courses to improve proficiency in languages like English, which is often considered a global business language. Effective communication in English can enhance one's employability and open up global career opportunities. Developing effective communication skills includes verbal and non-verbal communication, public speaking, presentation skills, and etiquette. Many workshops and practical exercises are conducted to boost confidence and polish communication abilities. Finishing school also offers training in areas such as financial literacy, stress management, self-confidence building, and personal grooming. These skills help individuals navigate various life situations successfully.

#### ENROLMENT PROCESS

It is compulsory for all the students of first year to enrol themselves in Finishing School Program.

#### CAPACITY BUILDING ACTIVITIES OF FINISHING SCHOOL

### ROLE PLAYING ACTIVITY (DATE-SEPTEMBER 8, 2018)

A role-playing activity was conducted to enhance the presentation skills under the guidance of Ms. Sonia Pahwa



# Finishing School instructor interacting with students on role playing MOTIVATIONAL WEBINAR ON SELF CONFIDENCE (DATE- MAY 25, 2021)

A motivational webinar was conducted by Jyoti under the guidance of Mrs. Nidhi Dawar. It aimed at boosting student's Self Confidence and make them better versions of themselves.



### POWER DRESSING (DATE – NOVEMBER 3,2021)

An activity on Power Dressing was conducted to students by Mrs Poonam Arya to make them confident enough to withstand the smart world outside.



### MEDITATION SESSION (DATE –APRIL 13, 2022)

Meditation session was organized to help students to introspect. There were 40 students who enthusiastically participated and devoted their time to look within.



### Workshop On How To Develop Stage Skills For Effective Public Speaking (DATE – MAY 18, 2022)

An illuminating workshop was conducted on guiding students to develop the stage skills for effective public speaking. Ms. Sanya behl was the resource person and about 300 students were present.





#### MIND MAPPING (DATE- MAY 19, 2022)

A mind mapping activity was conducted where 38 students participated. A mind map involves writing down a central theme and thinking of new and related ideas which radiate out from the centre.



### TEAM MANAGEMENT GAMES (DATE-MAY 27, 2022)

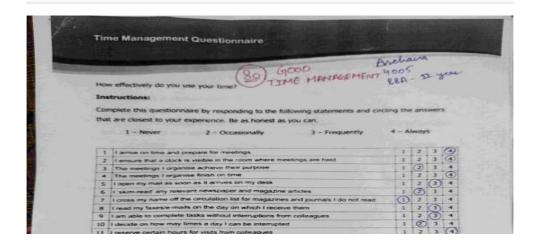
Team management games were organised for the students to inculcate team spirit and logical thinking among the students under the guidance of Mrs.Poonam Arya



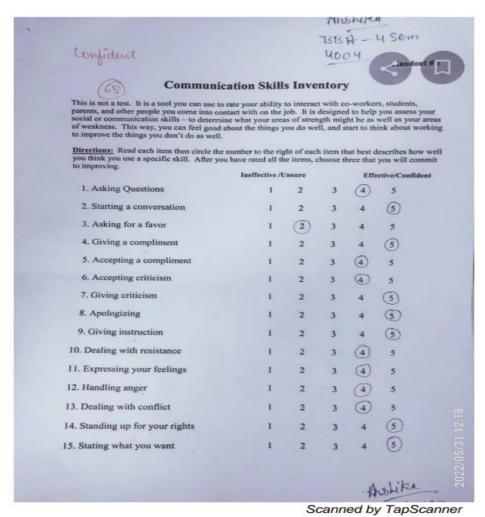
#### **Time Management Questionnaire**

Time management skills were assessed through the following questionnaires:

How effectively do you use your time?  How effectively do you use your time?  Instructions:  Complete this questionnaire by responding to the following statements and of	R.R.L.		K	
Instructions:				
Complete this questionnaire by responding to the following statements and of				
Complete this questionnaire by responding to the following statements with	inclina th	we an	swei	rs
	-	-		
that are closest to your experience. Be as honest as you can.				
1 - Never 2 - Occasionally 3 - Frequently	4-1	Alwin	ys	
1 I arrive on time and prepare for meetings.	1	2	3	0
2 I ensure that a clock is visible in the room where meetings are held	1	2	3	0
3 The meetings I organise achieve their purpose	1	2		4
4 The meetings I organise finish on time	1	2	3	<b>(4)</b>
5 I open my mail as soon as it arrives on my desk	1	2	0	4
6 I skim-read any relevant newspaper and magazine articles	1	(2)	3	4
7 I cross my name off the circulation list for magazines and journals I do not read	1	2	3	4
8 I read my faxes/e-mails on the day on which I receive them	1	(2)	3	4
9 I am able to complete tasks without interruptions from colleagues	1	-	(3)	4
10 I decide on how may times a day I can be interrupted	1	2	0	4
11 I reserve certain hours for visits from colleagues	1	2	3	0
12 I close my office door when I want to think strategically	1		3	0
13 I tell telephone callers that I will return their calls and do so	1	-	-	(1)
14 I limit the duration of my telephone calls	1	-	-	•
15 I allow a colleague or secretary to screen my telephone calls	(1)		3	4
16 I decide how many telephone calls I can deal with personally in a day	1	2		0
17 I skim-read internal memos as soon as I see them	1	10		4
18 I read internal memos thoroughly later	1	12	10	4
19 I keep the contents of my intray to a manageable size	1	2	0	4
20 I clear my desk of all paperwork	1	2	3 (	
21 I delegate tasks to colleagues that I could do myself	1	2	3	94
22 I follow up on the work that I have delegated	1	2	3	
23 I encourage subordinates to limit their reports to one side of paper	1	2	3 (	
24 I consider who needs to know the information that I am occutating	1	2	3 (	•
25 I achieve the right balance between thinking-time and action-time	1	3	3	
26 I make a list of things to do each day	1.1	- 15	2	23
© 2011 Exponential Training & Assessment Limited				120



**Communication Skill Inventory**Communication skills were assessed through the following questionnaires:



Avechana BBA- 4 sem Confident 4005 Communication Skills Inventory his is not a test. It is a tool you can use to rate your ability to interact with co-workers, students, arents, and other people you come into contact with on the job. It is designed to help you assess yo call or communication skills – to determine what your areas of strength might be as well as your at "weakness. This way, you can feel good about the things you do well, and start to think about work improve the things you don't do as well. <u>Directions:</u> Read each item then circle the number to the right of each item that best describes how well you think you use a specific skill. After you have rated all the items, choose three that you will commit to improving. Ineffective /Unsure Effective/Confident 1 2 1. Asking Questions 3 3 2. Starting a conversation 1 2 3 (4) 3. Asking for a favor 5 4. Giving a compliment 1 5. Accepting a compliment 1 2 3 6. Accepting criticism

Apart from Finishing School, a plethora of activities are conducted to promote skill development amongst students.

#### **LIFE SKILLS**

#### 2021-22

#### YOGA WITH THEME "BE WITH YOGA, BE AT HOME" ON 21.06.2021

To bring people together while inside their homes and spread the message of traditional yoga far and wide and for the betterment of both physical and mental health, 7th International Day of Yoga was observed on 21.06.2021 with the theme "Be with yoga, Be at home". NCC cadets of our college alongwith their parents and siblings took part in International yoga day in an online session in which a yoga instructor instructed them on how to do various yoga asanas and their benefits. This session was lasted for about an hour in which 38 students participated.



#### **Psychological First Aid- First Line Psychosocial Support**

#### **OCTOBER 8, 2021**

A poster/collage making competition on the topic: Psychological First Aid- First Line Psychosocial Support for Students was conducted on October 8, 2021 by Manojigyasa- A Society of Psychology Students on the occasion of World Mental Health Dayduring the session 2021-2022. The activity aimed at promoting the expression of psychological ideas and concepts through artistic skills. It also provided an inclusive space for the students to express themselves openly. 52 students participated in the event.

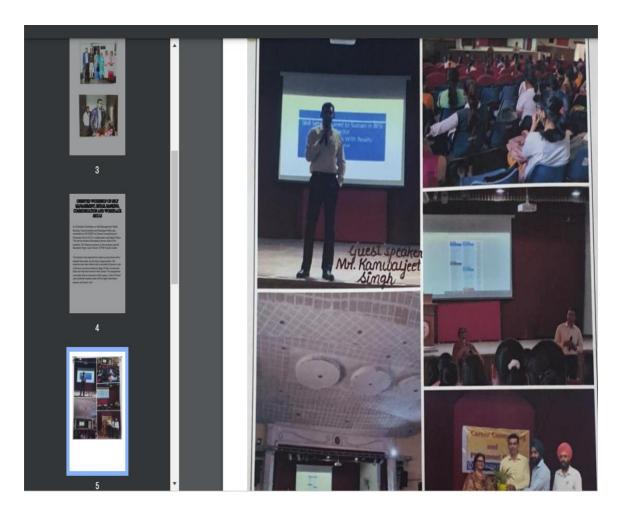






## AN ORIENTATION WORKSHOP ON SELF-MANAGEMENT, RETAIL BANKING, COMMUNICATION AND WORKPLACE SKILLS ON 09/10/2021

An Orientation Workshop on Self-Management, Retail Banking, Communication and Workplace Skills was conducted on 09/10/2021 by Career Counselling and Placement Cell of GCG in collaboration with Bajaj FinServ. The activity aimed at developing various skills of the students. The Resource person on the occasion was Mr. Kawaljeet Singh, Lead Trainer, CPFBI Punjab Cluster. The session was organised to inspire young minds with a detailed discussion on the future opportunities. The students were also offered with a wonderful chance to join a 96 hours course provided by Bajaj FinServ to enhance skills and help them excel in their career. The programme concluded with an interactive Q&A session. About 76 final year students became a part of this highly informative session and learnt a lot.



					TLE OF WORK		4-9-1
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	5.No.	NAME	CLASS	Roll no	Phone 'no-	Email ID	Sign
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# MANOJIGYASA- A SOCIETY OF PSYCHOLOGY STUDENTS ON THE OCCASION OF WORLD MENTAL HEALTH DAY

A PPT making competition was organized on **October 9, 2021** by **Manojigyasa- A Society of Psychology Students** on the occasion of **World Mental Health Day**during the **session 2021-2022**. The activity was conducted to sensitize the students with various mental health problems and how to develop psychological aid for fighting towards it. The event was followed by a lecture by **Dr. D.J. Singh**, Consultant Psychologist, Family Therapist and Former Joint Director cum Founder Dean, Punjab Police Academy and Guest of Honour **Dr. Ravinder Kala**, Clinical Psychologist and Psychotherapist (Circle of Life, Ludhiana) to spread awareness regarding the importance of mental health. 150 students participated in this event.









#### A SEMINAR ON DRUG ABUSE ON 3-2-22

A Seminar on Drug Abuse was conducted on February3,2022 by the society . Total 100 students attended the seminar the seminar enlightened the students with awareness and the knowledge of the potential health ,social and legal consequences of illcit drug use of cannabis and ecstasy . The seminar was in online mode due to COVID-19.



# AN ONLINE WORKSHOP ON TOPIC "WINNING THE GAME OF LIFE" ON 3-3-22

Science of Spirituality in association with GCG Ludhiana organised an online workshop on topic "Winning the game of Life" on 3rd March 2022. Ms. Meera Dhamija, the administrator of Siddharth International School, Haryana conducted the webinar on meditation and spirituality, educating the attendees about the incorporeality. The phenomenal and informative session aimed to interactively engage students to guide them to choose the right path to efficiently and effectively achieve their future goals and aims in life. 330 students participated in this event.



## A WORKSHOP ON THE TOPIC: 'BASIC COUNSELLING SKILLS' ON 6-4-22

A workshop on the topic: 'Basic Counselling Skills' was conducted on April 6, 2022 by Manojigyasa- A Society of Psychology Students during the session 2021- 2022. The workshop was conducted for the students of psychology who aspire to venture into the exciting and challenging world of professional counseling and students learned about the comprehensive way of active listening, empathy, communication and ethical consideration in counseling. The Resource Person of the workshop was Ms. Harshvardaan Kaur Chahal, a mental health counselor and an alumna of the college.100 students participated in this event.



#### A GUEST LECTURE ON "SECRETS TO HAPPY LIFE" ON 30-5-22

A guest lecture on "Secrets to Happy Life" was conducted on 30-05-22 by Department of Home Science. The lecture aimed at enhancing and strengthening life skills/ socio-emotional skills of the students. The Resource person on the occasion was Dr. Tejpreet Kang from Punjab Agricultural University. The session was to make students aware about the prevailing psychological issues and how to deal with them. She also inspired them to realize their self-worth.50 students participated in this event.



#### A GUEST LECTURE ON "NUTRITION IN CANCER" ON 11-6-22

A guest lecture **on "Nutrition in Cancer"** was conducted on 11-06-22 by Department of Home Science. The lecture aimed at enhancing and strengthening**health and hygiene skills** of the students. And spreading awareness about cancer. The Resource person on the occasion was Ms. Urvashi Bajaj from American Oncology Institute ,DMCH,Ludhiana.. The session was to make students aware about the prevalence of cancer worldwide and in Punjab region & she also discussed how the normal cells become malignant . During the lecture she elaborated upon different types of cancers, various risk factors, principles of dietary management during different stages of cancer treatment. Common side effects of cancer therapy & their management were also discussed. Ms.Bajaj explained the recent advances in cancer cachexia management, Neutroperic diet & bone marrow transplant.52 students participated in this event.



#### **EVENT ON AWARENESS ON MENTAL FITNESS ON 21-6-2022**

International Yoga Day was celebrated at Guru Nanak stadium, Ludhiana by NCC cadets on 21.06.2022. The event began at morning 6:00 am and summed up at 8:00 am. It was organized by an NGO named Brahmakumari which **spreads awareness for mental fitness. Around 75 students participated.** 



# A PLEDGE TAKEN BY NCC CADETS AGAINST DRUG ABUSE ON 25.06.2022

Considering the urgent need to convey the dangerous implications of menace of drugs to youth, a pledge was taken by NCC cadets against drugs on 25.06.2022. Rally was driven by them while **spreading awareness about health** "Say Yes to Life, No to Drugs". Posters were made by Cadets depicting the harms of consuming drugs.120 students participated in this event.



#### 2020-21

#### ADVANCED SOFT SKILL PROGRAM BY GRYPHON CONSULTANCY

11 students completed the Advanced Soft Skill Program by Gryphon Consultancy who were trained in aptitude and soft skills. E certificates of the students have been attached,

Certificates of students who completed the 50 hrs course by Gryphon Consultancy





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### Ms. Tamana Course Name-BCA

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#### The Advanced Soft Skill Program

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## Ms. Esha Verma Course Name-BCA

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# Ms. Sonal Rajput Course Name-BBA

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# Ms. Lavisha Sharma Course Name-BBA

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#### A Webinar On Discover Wellness-Health Awareness on 7-7-2020

A webinar on Discover Wellness-Health Awareness was conducted on 07-07-2020 by Department of Home Science in collaboration with IDA/Sheryl Salis, Director NHS, Mumbai. The webinar aimed at enhancing health and hygiene skills of the students. The Resource person on the occasion was Sheryl Salis Founder of Nurture Health Solutions. The session was to discuss nutrition hacks to boost immunity and Nutritional care in adolescence. More than 300students were benefitted.



#### National Cancer Awareness Day observed by NCC Cadets On 7-11-2020

National Cancer Awareness Day was observed by NCC cadets through online mode on 7.11.20 Cadets made posters to create awareness among the public about cancer as a public health issue and to strengthen actions towards improving access to quality care, screening, early detection and treatment.



#### **SWACHHTA PAKHWADA FROM 01.12.2020 TO 15.12.2020**

Swachhta Pakhwada (01.12.2020 to 15.12.2020), a fortnight initiative to carry on the agenda of Swachh Bharat Mission. A plethora of activities aimed at promoting cleanliness were carried out by cadets.70 students participated in this event.



# An Interactive Webinar On The Topic 'Taking Future In Your Hand-For Student Empowerment On 7/4/21

Commerce society of GCG Ludhiana, in collaboration with SPS Versity, Ludhiana organized an interactive webinar on the topic 'Taking Future in Your Hand-Student Empowerment' on 7/4/21. CEO, SPS Versity, Mr.Abhishek Sharma and his team made the students aware about importance of a set objective in order to be successful in life. He highlighted the various aspects which can become hurdle in the achievement of a particular objective and also suggested measures to remove those hurdles. His team mates interacted with students one to one through break-up rooms and answered their questions satisfactorily. Overall webinar was very satisfactory and thought provoking.300 students participated in this event.



### 2019-20

#### **International Yoga Day On 21.6.19**

International Yoga Day was celebrated at Govt. College for Girls, Ludhiana on 21.6.19. All the staff members and students participated in this event. Mam Principal encouraged the students to meditate and do yoga daily and also told the benefits of yoga in our daily life. 140 students participated in this event.



#### Workshop Aimed At Enhancing Health And Hygiene Skills On 28-9-2019

Diet Clinic was organised on 28-09-2019 by Department of Home Science. This workshop aimed at enhancing health and hygiene skills and language and communication skills of the students. Demonstration on Balanced diet and nutritious recipes was delivered to the people of chakksarvannath village. 25students participated in this event.



#### Eye Check Up Camp On 18-9-2019

On 18th September 2019, an eye check up camp was organised with the help of team "Suhana Eye Care Hospital". In this camp, eye sight of 250 students and 30 teachers were checked by the eye speciality team of the hospital.



Eye Check Camp Organised at GCG

#### A Lecture On Emotional Foundation Matters On 24-10-19

On 24th October 2019, an extension lecture was delivered by Ms Madhu Surya on topic "Emotional Foundation matters" to address mental health of the students. She focussed on harnessing emotional intelligence of children, parents and teachers. 165 students participated in this event.



#### A GUEST LECTURE ON "CORPORATE EXPECTATIONS" ON 4-9-2019

A Guest Lecture on "Corporate Expectations" was organised on 04/09/2019 by Women Forum, Career Counselling and Placement Cell, Women Safety Cell and Commerce Society of GCG. The activity aimed **at enhancing employability skills** of the students. The Resource person on the occasion was CA Prashant Somani, an Alumni of IIM. The session aimed at highlighting the expectations of the corporate sector wanting freshers to be talented and experienced. Digital marketing was also a subject of discussion along with the provision of job descriptions for freshers. The lecture was followed by a fun Q&A session. Around 100 students joined in and were benefited tremendously with its success.



#### A Healthy Canteen workshop on 13-2-2020

A Healthy Canteen was organized on 13-02-2020 by Department of Home Science. This workshop aimed at enhancing health and hygiene skills as well as language and communication skills of the students as students got aware about the nutrients of the meal they prepared and were able to enhance their communication skills by informing teachers about the recipes they had prepared. 20 students participated in this event.



### 2018-19

#### A SEMINAR ON SCHOOL HEALTH DAY ON 16-7-1018

A seminar related to School Health Day was conducted on 16-07-2018 by Department of Home Science. The activity aimed at enhancing health and hygiene skills of the students. Students and Teachers visited different schools where Presentation on balanced diet, healthy tiffins and food borne diseases was given. Pamphlet on nutritious food, food labels and food adulterations were also given along with the demonstration on hand washing.10 students participated in this event.

#### A MOTIVATIONAL LECTURE ON LIFE SKILLS ON 30-8-2018

A motivational lecture was organized by Commerce Dept. Mr Neeraj Rathod, Director T.I.M.E enlightened the students on how to achieve success in life on 30.08.2018. He taught how to

achieve success in life and the ways to overcome the obstacles in the way of success in life. 240 students participated in this event.



#### **SWASTHA BHARAT ABHIYAAN PROGRAMME ON 2-10-2018**

A cleanliness drive was organized under Swachh Bharat Swastha Bharat Abhiyaan Programme on the occasion of Gandhi Jayanti. On 2.10.18 Cadets cleaned the college campus and spread the message to put garbage in dustbins. The activity aimed at spreading awareness about health and hygiene.150 students participated in this event.



#### A LECTURE ON HARMFUL EFFECTS OF DRUGS ON 15.03.2019

A Lecture on harmful effects of drugs was conducted on March 15, 2019 by the society . Dr. Fakir Chand Shukla a retired scientist. Teacher staff of Anti Drug Cell headed by ma'am Anita Joshi. The Aim of the lecture was to discuss the effects of abuse and misuse of drugs on the person, workplace, family, community, and steps to take when intervention is needed. Paper Reading was done by one of the student on the topic "DRUG ADDICTION". The play was presented by the society members .30students participated in this event.



#### MOTIVATIONAL LECTURE ON SELF INTROSPECTION ON 26.07.2019

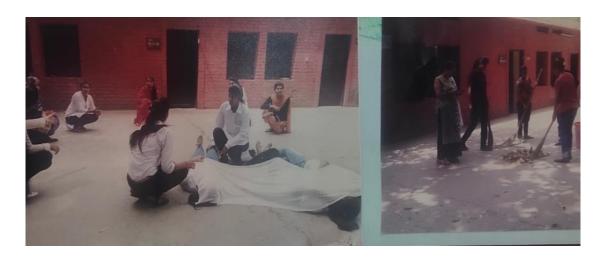
On 26th July 2019, Brahm Kumaris and Kumars visited Commerce Deptt. for a motivational lecture on the topic "To search a Leader within". Mr Brahm Kumar stressed upon the importance of peace of mind and how to achieve it. Miss Brahm Kumari highlighted the importance of self analysis to improve ourselves to become a good human being which is the ultimate aim of our life.160 students participated in this event.



### 2017-18

#### SWACHH BHARAT PAKHWARA FROM 07.08.17 TO 15.08.17

NCC cadets celebrated Swachh Bharat Pakhwara from 07.08.17 to 15.08.17. During this Abhiyan, the 150 cadets held rally, poster making competition, and they cleaned the college campus. Debates and declamations were conducted. Principal Dr. Mohinder Kaur Grewal flagged off the rally.



#### NATIONAL NUTRITION WEEK FROM 1-09-2017 TO 07-09-2017

National nutrition week was held on 1-09-2017 to 07-09-2017 at village Jhande (Ludhiana) in which our college teachers and students exchanged their knowledge about nutrition useful in their day to day life and enhanced the health and hygiene skills of the students.15 students participated in this event.



## A SEMINAR CUM WORKSHOPON ENERGY METABOLISM ON 18-11-2017

A seminar cum workshop on "Energy Metabolism" was conducted on 18-11-2017 by Department of Home Science. The seminar aimed at enhancing health and hygiene skills of the students. The Resource person on the occasion was Mrs. Renuka, Assistant Professor of Food and Nutrition, Punjab Agricultural University, Ludhiana. She discussed the concept of body composition and energy metabolism in human nutrition. 40students participated in this event.



# AN INFORMATIVE LECTURE ON FEMALE PERSONAL HYGIENE ON 16/2/2018

Dr Geetanjali, reputed gynaecologist of Ludhiana gave an informative lecture on female personal hygiene on 16/2/2018 and also discussed about PCOD, its symptoms and way to reverse it. The objective was to address health and fitness of students. 400students participated in this event.



#### LANGUAGE AND COMMUNICATION SKILLS

#### 2021-22

# CERTIFICATE COURSE IN CREATIVE WRITING AND CONTENT DEVELOPMENT(JANUARY 2022)

Certificate course in Creative Writing and Content Development was introduced in January 2022 to introduce learners to the basic concepts of **creative writing and Content development skills** to make them understand the writing process thus enhancing their employability. 48 students enrolled themselves for this course.

# Student Enrolled in Certificate Course in Creative Writing & Content Development

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Sr. No.	College Rollno	Student Name	Father Name	ENROLLED
1	101	SIMRANJIT KAUR	BALJINDER SINGH	YES
2	102	YOGITA VERMA	AJAY KUMAR	YES
3	103	URVASHI	SURESH KUMAR	YES
4	104	ADITI ARORA	MR. VIJAY KUMAR	YES
5	105	JASPREET KAUR	TARWINDER SINGH	YES
6	106	GAURI ARORA	SUNIL KUMAR ARORA	YES
7	107	SHAGUN SHARMA	ASHWANI KUMAR SHARMA	YES
8	108	KOMAL	SR.KAMLESH KUMAR	YES
9	109	PALAK	SUNIL GIRI	YES
10	110	PRACHI POPLAY	MANOJ KUMAR	YES
11	111	TANVI AGGARWAL	MR. VINOD KUMAR	YES
12	112	MEHAKPREET KAUR	PRABHJOT SINGH	YES
13	113	HARLEEN KAUR	AMARJIT SINGH	YES

14	114	HRISHITA ARORA	KAMAL KRISHAN ARORA	YES
15	115	SRESHTHA YADAV	PARMOD KUMAR	YES
16	116	ANMOLDEEP KAUR	RANDHIR SINGH	YES
17	117	CHAHAT BAWEJA	GULSHAN KUMAR BAWEJA	YES
18	118	AARTI	DEEPAK KUMAR	YES
19	119	MAHIMA KHANNA	DALIP KUMAR KHANNA	YES
20	120	SUKHDEEP KAUR	PRITAM SINGH	YES
21	121	RISHIKA KRITI	PRAMOD KUMAR SINHA	YES
22	122	KOMALPREET KAUR SOHANPAL	GURDEEP SINGH SOHANPAL	YES
23	123	KASHISH SHARMA	NARESH KUMAR	YES
24	124	ARSHJOT KAUR	BHAGWANT SINGH	YES
25	125	GAGANDEEP KAUR	PRITAM SINGH	YES
26	126	GURLEEN KAUR	AJMER SINGH	YES
27	127	GAGANPREET KAUR	KAMALJEET SINGH	YES
28	128	VANSHIKA AGGARWAL	MANISH AGGARWAL	YES
29	129	HARNEET KAUR	JAGJIT SINGH	YES
30	130	VANI VAID	RAJINDER KUMAR VAID	YES
31	131	GURLEEN KAUR	BALWINDER SINGH	YES
32	132	VANITA JAIN	VINAY JAIN	YES
33	133	DIKSHA WADHWA	RAJINDER KUMAR	YES
34	134	RIYA JUNEJA	PARVESH JUNEJA	YES
35	135	ASHWEEN KAUR	SARAVJEET SINGH	YES
36	136	HARLEEN KAUR	UJJAL SINGH	YES

37	137	BRAHMLEEN KAUR	CHARANJIT SINGH	YES
38	138	SIMRAN	ANOOP KUMAR	YES
39	139	RITU RANI	SATPAL	YES
40	140	GEETIKA MATKEN	RAJESH KUMAR	YES
41	141	AARTI MALHOTRA	SUSHIL MALHOTRA	YES
42	142	DAMANPREET KAUR	JASWINDER SINGH	YES
43	143	VISHALI	JATINDER CHAURASIA	YES
44	144	PUNYA KHURANA	NAVJOT SINGH	YES
45	145	ROSHNI MEHTA	RAJ KUMAR	YES
46	146	VANDITA JAIN	RAVISH JAIN	YES
47	147	DIVANSH AGGARWAL	RAJAN KUMAR	YES
48	148	BHAVYA GUPTA	NEERAJ GUPTA	YES

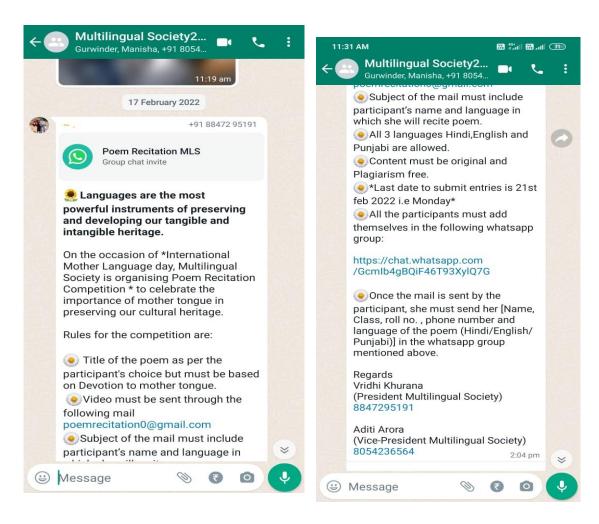
# AN INTERACTIVE WEBINAR ON THE TOPIC "A-Z OF COMMUNICATION" ON 25.9.21

Bull's eye organised an interactive webinar on the topic "A-Z of Communication" in collaboration on 25.9.21 with Commerce Department of GCG Ludhiana where Mr. Rajeev Sharma delivered the lecture in which he guided students about the importance of good communication skills for their professional growth and development. He also guided the students about the various career opportunities available after graduation.320 students participated in this event.



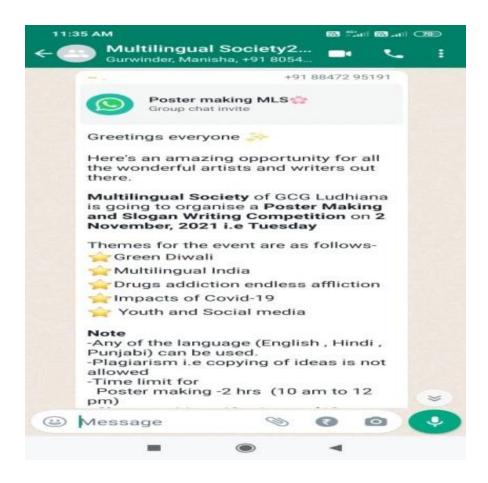
#### POEM RECITATION UNDER COVID AWARENESS WEEK PROGRAM ON 21-FEB-2022

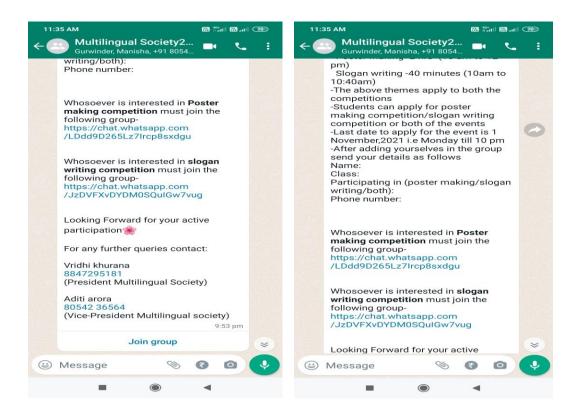
An activity was conducted on 21-Feb-2022 by Multi Lingual Society. The activity aimed at enhancing **language skills of the students**. The session was organised by Multi-Lingual Society under Covid awareness week program. The poem recitation was held in three languages-English, Hindi and Punjabi.80 students participated in this event.



#### A SLOGAN WRITING COMPETITION ON 2-NOV-2021

A Slogan writing Competition was conducted on 2-Nov-2021. The activity aimed at enhancing Critical thinking and Language ability. The session was organised by Multi-Lingual Society and Dept. of Sociology.14 students participated in this event.





#### A BOOK REVIEWING EVENT "BOOKMARKED" ON MAY 24, 2022

A book reviewing event "Bookmarked" was organized on May 24, 2022 by Manojigyasa- A Society of Psychology Studentsduring the session 2021-2022. The primary aim of this event was to foster thoughtful analysis and critical thinking of various psychological and self-help books. The event was followed by a lecture by Ms. Chitvan Singh (Clinical Psychologist, Suman Hospital, Ludhiana) on the topic "Relationship Issues Amongst Youth: How to Manage Effectively". The basic rationale was to provide practical guidance and insights to help young people understand and address their relationship challenges in a constructive and effective manner. 110 students participated in this event.

Activity: Book review event - BOOKMARKED for the college students whose lives were transformed by reading a self-help book



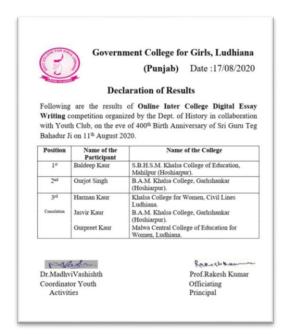


#### 2020-21

# ONLINE INTER COLLEGE ESSAY WRITING COMPETITION 0N 17-8-2020

Youth Club and History Department of GCG organized online Inter College Essay writing competition on the Date of 17-Aug-2020 on the occasion of 400<sup>th</sup> birth anniversary of Shri Guru

Teg Bahadur Ji on the topic of "Fear Not Frighten Not" testimony of Shri Guru Teg Bahadur Ji. The aim of the activity was **to strengthen creative writing and language skills of the students**in which11 students participated.





#### **INTER COLLEGE POEM WRITING COMPETITION ON 28-8-2020**

Youth club and Punjabi Department of GCG organized Inter College Poem Writing competition on the Date of 28-Aug-2020. A Poetry competition for students is just the right way for student to develop their abilities in Creative Writing, Critical Thinking, and Public Speaking. Students have the opportunity to showcase their talents and network with other students. 18 students participated in this event.

ਗੁਰੂ ਲਾਧੇ ਹੋ, ਗੁਰੂ ਲਾਧੇ ਹੈ। ਮੁੱਖਣ ਸ਼ਾਹ ਨੂੰ ਗੁਰੂ ਲਾਧੇ ਹੈ।

ਮੇਬੇ ਲਿਖ ਨਾ ਹੋਵੇ ਸਿਫ਼ਤ ਤੇਗੇ, ਛੇਵੇਂ ਗੁਰੂ ਦੀ ਸੰਤਾਨ ਜੀਓ। ਖ਼ਾਲਸੇ ਦੇ ਬਾਨੀ ਦੀ ਜੇਤ ਤੁਸੀਂ, ਜੇ ਗੁਰ ਗੇਬਿੰਦ ਮਹਾਨ ਜੀਓ। ਆਪਣੀ ਇਸ ਮਿੱਠੀ ਰਸਨਾ ਤੋਂ ਬਾਣੀ ਦੇ ਸ਼ਬਦ ਸੁਣਾ ਦੇ ਰੇ ਗੁਰੂ ਲਾਪੋ ਹੇ ਗੁਰੂ ਲਾਪੋ ਹੇ।

ਕਿਵੇਂ ਹੱਕ ਦੀ ਖ਼ਾਤਰ ਲੜਨਾ ਏ, ਗੁਰੂ ਦਸਵੇਂ ਆਪ ਤੋਂ ਸਿੱਖੇ ਸੀ। ਗੇਬਿੰਦ ਜੇ ਕੀਤਾ ਭਲਾ ਕੀਆ, ਬਹੁਤਿਆਂ ਲਈ ਸ਼ਬਦ ਉਹ ਤਿੱਖੇ ਸੀ। ਸਾਡੀ ਭਟਕਿਆਂ ਦੀ ਉਂਗਲ ਫੜ ਮੰਜਲ ਦੇ ਹਸਤੇ ਪਾ ਦੇ ਹੋ। ਗੁਰੂ ਲਾਧੇ ਹੋ ਗੁਰੂ ਲਾਧੇ ਹੋ। ਮੱਖਣ ਸ਼ਾਹ ਨੂੰ ਗੁਰੂ ਲਾਧੇ ਹੋ।

ਸਾਰੇ ਭਾਰਤ ਦੇ ਵਿੱਚ ਘੁੰਮ ਘੁੰਮ ਕੇ, ਕੀਤਾ ਸਿੱਖੀ ਦਾ ਪ੍ਰਚਾਰ ਤੁਸੀਂ | ਅੰਤ ਡੇਰੇ ਲਾਏ ਚੱਕ ਨਾਨਕੀ, ਜਿੱਥੇ ਕੀਤੇ ਬੇਤੇ ਪਾਰ ਤੁਸੀਂ | ਲੋਕਾਂ ਦੀ ਦਿਲੋਂ ਖੁਆਹਿਸ਼ ਸੀ, ਜੰਗਲ ਵਿੱਚ ਨਗਰ ਵਸਾ ਦੇ ਹੈ | ਗਰ ਲਾਧੇ ਹੋ. ਗਰ ਲਾਧੇ ਹੋ।

Brown ABS Ary

ਪੰਡਿਤ ਕਸ਼ਮੀਰੀ ਆਏ ਸੀ; ਉਨ੍ਹਾਂ ਆਪਣੇ ਦੁੱਖ ਸੁਣਾਏ ਸੀ। ਕਿਵੇਂ ਜੰਬੂ ਲਹਿੰਦੇ-ਟੁੱਟਦੇ ਸੀ, ਜਰਵਾਣੇ ਸਭ ਨੂੰ ਲੁਟਦੇ ਸੀ। ਧਰਮ ਦੀ ਬਦਲੀ ਪੱਕੀ ਸੀ ਜਾਂ ਮੇਤ ਦੀ ਪਿਸਦੀ ਚੱਕੀ ਸੀ ਜਬਰ-ਇ-ਹਕੂਮਤ ਰੋਕਣ ਲਈ ਕੀਤੀ ਕੁਰਬਾਨੀ ਸਾਪੋ ਰੇ, ਗੁਰੂ ਲਾਪੋ ਰੇ ਗੁਰੂ ਲਾਪੋ ਰੇ।

ਮਤੀ ਦਾਸ ਤੇ ਆਰਾ ਚੱਲਿਆ ਸੀ, ਸਤੀ ਦਾਸ ਨੇ ਅੱਗ ਨੂੰ ਝੱਲਿਆ ਸੀ। ਦਿਆਲਾ ਜੀ ਦੀ ਕੁਰਬਾਨੀ ਨੇ, ਜ਼ਾਲਮ ਦੇ ਜ਼ੁਲਮ ਨੂੰ ਠੱਲਿਆ ਸੀ। ਕੁਰਬਾਨੀ ਹਿੰਦ ਦੀ ਚਾਦਰ ਦੀ, ਸਾਧੇ ਮਿਲਿਆ ਸੰਗ ਮਾਧੇ ਰੇ, ਗੁਰੂ ਲਾਧੇ ਰੇ ਗੁਰੂ ਲਾਧ ਰੇ।

ਲਿਖਤ-ਸਿਮਰਨਜੀਤ ਸਿੰਘ, ਬੀ.ਏ. - ਤਾਗ ਪਹਿਲਾ, ਰੋਲ ਨੰਬਰ -378, ਏ.ਐਸ. ਕਾਲਜ, ਪੰਨਾ।

विमानामा क्रिया



#### INTER COLLEGE CALLIGRAPHY COMPETITION ON 28-8-2020

Youth Club and Punjabi Department of GCG organized Inter College Calligraphycompetition on the Date of 28-Aug-2020. The purpose of calligraphy is to "show integrity, harmony, some sort of ancestry, rhythm and creative fire." Calligraphy is an art in the sense that its purpose is to produce aesthetic writing. The objective was to improve language skills of the students. 10 students participated in this event.



#### 2017-18

## A LECTURE ON "COMMUNICATION & INTERVIEW SKILLS" ON 5/2/2018

An Interactive Session was organized by Ms Sakshi on the topic "Communication & Interview Skills" on 5/2/2018. She highlighted the importance of good communication skills in every sphere of life. She also acquainted students with necessary interview skills needed to crack job interviews for getting good opportunities of employment.325 students participated in this event.



#### ICT / COMPUTING SKILLS

#### Certificate/Diploma in Software Development and Programming

This skill development course was introduced in 2022 to provide training in software development, programming languages, and basics of Data Structures. The course helps the candidates to get acquainted with basics of software development and programming techniques. After completion of this course the students would be able to understand the program code written in C, C++, Python, write code in these languages, design OO structure diagrams and will have basic knowledge of databases. As many as 89 students enrolled for this course in session 2021-22.

### Students enrolled in Certificate/ Diploma in Software Development and Programming

		Ciopinent and		
Sr. No.	College Rollno	Student Name	Father Name	ENROLLED
1	1	NEHA RANI	VIRENDER KUMAR	YES
2	2	AMANDEEP	KULWINDER SINGH	YES
3	3	RITIKA KHURANA	MR.INDERPAL	YES
4	4	KHYATI	MANOJ KUMAR	YES
5	5	SIMRANJIT KAUR	GURDARSHAN SINGH	YES
6	6	MANPREET KAUR	VINOD KUMAR	YES
7	7	PINKI BHARTI	LALLAN RAM	YES
8	8	BABITA VIRDI	MANOHAR LAL	YES
9	9	AVLEEN KAUR	GURPREET SINGH	YES
10	10	SAVLEEN KAUR	GURPREET SINGH	YES
11	11	GURLEEN KAUR	JAGDEEP SINGH	YES
12	12	VANSHITA	SURINDER	YES
13	13	PRABHJOT KAUR	RAJESH KUMAR	YES
14	14	VANSHIKA	MR.SANDEEP KUMAR	YES
15	15	KAPILA SHARMA	JATINDER KUMAR	YES
16	16	ANJALI JOHARY	VIMAL KUMAR	YES
17	17	PARMJIT KAUR	BAHADUR SINGH	YES
18	18	SUMANDEEP KAUR	SUKHVINDER SINGH	YES
19	19	ANJALI	ISHWARDEEN	YES
20	20	SONALI	VIJAY KUMAR	YES
21	21	DAMANPREET	LATE S.HARJINDER	VEC
21	21	KAUR	SINGH	YES
22	22	PRIYA CHOUDHARY	MANOJ KUMAR	YES
23	23	LOVEDEEP KAUR	CHOUDHARY  MANPREET SINGH	YES
		SAKSHI	SHEETAL KUMAR	YES
24	24	KAJAL		YES
25	25	-	VARINDER KUMAR	163
26	26	NIHARIKA LAKHANPAL	MR.SHARAT CHANDER	YES
27	27	SHEELU	SOM NATH	YES
28	28	KAMALJIT KAUR	SUKHWINDER SINGH	YES
29	29	GAURI TANEJA	GULSHAN TANEJA	YES
30	30	TANYA JAIN	SANDEEP SINGH	YES
31	31	SIMRANDEEP KAUR	GURDEEP SINGH	YES
32	32	GAGANDEEP KAUR	LACHHMAN SINGH	YES

33	33	VANDANA RANI	MOHAN LAL	YES
		KHUSHEEN	MANGAT RAM	
34	34	KAUSHAL	KAUSHAL	YES
35	35	PRERNA NARANG	HARISH CHANDER	YES
36	36	SHIFALI NARULA	JAGDISH CHANDER	YES
37	37	NANDINI GUPTA	SANJEEV GUPTA	YES
38	38	SMYLE	DAVINDER KUMAR	YES
39	39	GURLEEN KAUR	BALDEV SINGH	YES
40	40	PRACHI	VIRENDER VIKRAM	YES
41	41	SALONI KANWAR	DALJIT SINGH	YES
42	42	RANDEEP KAUR	TARSEM SINGH	YES
43	43	SIMRANJEETKAUR	S.RANBIR SINGH	YES
44	44	SARBJEET KAUR	BALVIR SINGH	YES
45	45	NAVJOT KAUR	RAWEL SINGH	YES
46	46	SIMRANJIT KAUR	RANJIT SINGH	YES
47	47	KOMAL	JAI MANGAL SHARMA	YES
			SURENDER SINGH	
48	48	KHUSHI YADAV	YADAV	YES
49	49	KRITI	RAKESH BANSAL	YES
50	50	RUPINDER KAUR	JUGRAJ SINGH	YES
51	51	KHUSHI VERMA	KAPIL VERMA	YES
52	52	AASHISHPAL	BALWINDER SINGH	YES
53	53	YAMINI AHUJA	MOHINDER PAL AHUJA	YES
54	54	ADITI	RAJEEV KUMAR	YES
55	55	GUNJAN DHIR	DEEPAK KUMAR	YES
56	56	LAKSHITA SHARMA	RAJINDER SHARMA	YES
57	57	MANPREET KAUR	GURMAIL SINGH	YES
58	58	KOMALPREET KAUR	KULWANT SINGH	YES
59	59	MANJOT KAUR	RACHHPAL SINGH	YES
60	60	MANPREET KAUR	GURSEWAK SINGH	YES
61	61	MANMEET KAUR	AVTAR SINGH	YES
62	62	MANVINDER KAUR	NIRMALJEET SINGH	YES
		DAMANPREET		
63	63	KAUR	ATINDER SINGH	YES
64	64	BHARTI	SHIVNANDAN GOYAL	YES
65	65	SAVLEEN KAUR	INDERJEET SINGH	YES
66	66	RENUKA	VINOD KUMAR	YES
67	67	RASHI SOOD	RAMAN SOOD	YES
68	68	KIRANJOT KAUR	MAJOR SINGH	YES

69	69	KHUSHI MAGGO	KAILASH MAGGO	YES
70	70	NAVNEET KAUR	HARJINDER SINGH	YES
			RAMJANAK	
71	71	MUSKAN PATEL	CHOUDHARY	YES
72	72	MUSKAN SHARMA	RAJ KUMAR SHARMA	YES
73	73	BHUMIKA	ANIL KUMAR	YES
74	74	KOMAL	SUSHIL KUMAR	YES
75	75	AASHVEEN KAUR	KARAMJEET SINGH	YES
76	76	ANUREET KAUR	KULWINDER SINGH	YES
77	77	PALAK	SUBHASH BHATIA	YES
78	78	JYOTIKA	RAJ KUMAR	YES
79	79	HARPREET VERMA	PARAM SUKH VERMA	YES
80	80	DEEPA	GYAN CHAND	YES
81	81	KOMAL	VICKY KUMAR	YES
82	82	HARPREET KAUR	JARNAIL SINGH	YES
83	83	MANPREET KAUR	RAM SAROOP	YES
84	84	KAJAL	VINOD KUMAR	YES
85	85	SHIFFALY	VIJAY KUMAR	YES
86	86	TARUNA	MR. SUKHDEV KUMAR	YES
87	87	SAPNA DEVI	VEER SINGH	YES
88	88	GUNGUN	ANIL KUMAR	YES
89	89	GURSHARAN KAUR	BUTA SINGH	YES

#### **Certificate Programme in Computer Aided Accounting**

This skill development course was introduced in 2022 to provide training in computer accounting and preparing business transaction reports. As many as 78 students enrolled for this course in session 2021-22.

### Students enrolled in Certificate in Computer-Aided Accounting

Sr. No.	College Rollno	Student Name	Father Name	ENROLLED
1	301	TANIKSHA	PARDEEP SHARMA	YES
2	302	HARMAN KAUR	MANPREET SINGH	YES
3	303	JASPREET KAUR	SANDEEP SINGH	YES

4	304	GURSIMRAN KAUR	HARBINDER SINGH	YES
5	305	AVANTIKA GUSAIN	GYAN SINGH GUSAIN	YES
6	306	KAMALDEEP KAUR	DALJIT SINGH	YES
7	307	ANMOL KAUR	KULDEEP SINGH	YES
8	308	HARMEEN KAUR	RAMSHARAN	YES
9	309	ISHLEEN KAUR	GURVINDER SINGH	YES
10	310	HARMANPREET KAUR	HARSHA SINGH	YES
11	311	JASKIRAN KAUR	KULDEEP SINGH	YES
12	312	RUCHIKA	VIJAY KUMAR	YES
13	313	TISHA VERMA	SANJEEV VERMA	YES
14	314	AMANPREET KAUR	HARBHAJAN SINGH	YES
15	315	KUNICA	BRIJESH JASSAL	YES
16	316	KAJAL	MAKHAN SINGH	YES
17	317	AASHIMA	SANJEEV JHATTA	YES
18	318	SANJNA	JAGTAR SINGH	YES
19	319	AMANPREET KAUR	DAVINDER SINGH	YES
20	320	SONI YADAV	RAM SAGAR YADAV	YES
21	321	POONAM	RANJIT GUPTA	YES
22	322	AMANDEEP KAUR	JOGINDER PAL	YES
23	323	DEEPIKA	AVTAR SINGH	YES
24	324	MANJINDER	ROOP SINGH	YES
25	325	NEHA CHAUHAN	JAI RAM	YES
26	326	KASHISHPREET KAUR	GAGANDEEP SINGH	YES
27	327	ROOPA	RAM ACHAL	YES

28	328	GURNOOR KAUR	HARMAIL SINGH	YES
29	329	ANJALI SHARMA	RAJ KUMAR	YES
30	330	ISHIKA AHUJA	RAKESH AHUJA	YES
31	331	PRAGYA	AMARJIT SINGH	YES
32	332	RUPINDER KAUR	SOHAN SINGH	YES
33	333	HARMANJOT KAUR	BALJIT SINGH	YES
34	334	PRIYA	SURINDER SINGH	YES
35	335	RANJANA KUMARI	BALRAJ SINGH	YES
36	336	HARSHDEEP KAUR	AVTAR SINGH	YES
37	337	AMANPREET KAUR	RAJINDER SINGH	YES
38	338	KUNIKA SHARMA	DEEPAK KUMAR	YES
39	339	NEERU BANSAL	RUWAN KUMAR	YES
40	340	MANLEEN KAUR	HARJINDER SINGH	YES
41	341	KIRAN	RAM PREET	YES
42	342	KOMAL KUMARI	LATE.RAM VILAS YADAV	YES
43	343	NAVPREET KAUR	JAGTAR SINGH	YES
44	344	JHALAK	DEVINDRA BHAGRIA	YES
45	345	LAKHWINDER KAUR	PHULAWAR SINGH	YES
46	346	PALAKPREET KAUR	INDERJIT SINGH	YES
47	347	JANHVI SHARMA	MR. UMESH SHARMA	YES
48	348	SIMRAN KAUR GILL	GURMEET SINGH	YES
49	349	SHIVANI	NARESH KUMAR	YES

50	350	PRABHPREET KAUR MATHAROO	GURMEEET SINGH	YES
51	351	UDITI SHARMA	MUNISH KUMAR SHARMA	YES
52	352	SHILPA JAIN	NARESH JAIN	YES
53	353	MUSKAN SHARMA	THAKUR DASS	YES
54	354	SIMRANJEET KAUR	GURPREET SINGH	YES
55	355	JASKIRAN KAUR	JAGDISH SINGH	YES
56	356	LAVANYA JAIN	RAJAT JAIN	YES
57	357	VINPREET KAUR	CHANPREET SINGH	YES
58	358	AMANDEEP KAUR	SATNAM SINGH	YES
59	359	SIMRAN KAUR JUNEJA	SURINDER PAL SINGH	YES
60	360	SHRAVANI KAPOOR	RAKESH KUMAR	YES
61	361	NAVDEEP KAUR	SURJIT SINGH	YES
62	362	JASHANPREET KAUR	JOGINDERPAL SINGH	YES
63	363	LOVEPREET KAUR	BHINDER PAL	YES
64	364	RUPINDER KAUR	AVTAR SINGH	YES
65	365	JASPAL KAUR	HARJIT SINGH	YES
66	366	NANDINI DHAWAN	DINESH KUMAR	YES
67	367	GURLEEN KAUR	JATINDER SINGH	YES
68	368	TANYA SINGH	AKBAL SINGH	YES

69	369	DRISHTI ARORA	DEEPAK ARORA	YES
70	370	MANPREET KAUR	HARMEET SINGH	YES
71	371	YASHIKA SAMA	NARESH SAMA	YES
72	372	GAGANDEEP KAUR	SUKHWINDER SINGH	YES
73	373	PRACHI CHHABRA	VINOD KUMAR CHHABRA	YES
74	374	ARSHDEEP KAUR	CHARANJIT SINGH	YES
75	375	GURLEEN KAUR	MANIDER SINGH	YES
76	376	LOVEPREET KAUR	DAVINDER SINGH	YES
77	377	GARIMA MAHAJAN	RAJIV MAHAJAN	YES
78	378	ISHIKA GUPTA	RAJESH GUPTA	YES

#### CERTIFICATE COURSE IN GST FILING AND PRACTICE

The programme was introduced in 2022 with a mission is broaden the horizon of the learners with a deeper understanding of the GST law and its e filing in the new digital environment and equip them with a new set of tools to help them digitally create and file GST returns. 60 students enrolled for this course.

#### **Students enrolled in Certificate in GST Applications**

Sr. No.	College Rollno	Student Name	Father Name	Enrolled
1	601	JYOTIKA	JAIPARKASH	YES
2	602	KRITIKA KAPOOR	SANJEEV KAPOOR	YES
3	603	KIRANDEEP KAUR	BALJINDER SINGH	YES
4	604	ARSHPREET KAUR	GURDEEP SINGH	YES
5	605	CHAHAT DHIR	SURINDER MOHAN	YES
6	606	AMRITA GUPTA	RAJESH GUPTA	YES
7	607	NANCY VERMA	BALDEV KRISHAN	YES
8	608	HARSHPREET KAUR	SWARAN SINGH	YES

9	609	HARMEET KAUR	RUPINDER SINGH	YES
10	610	ROOPALI	SATYA RAM	YES
11	611	ARSHPREET KAUR	RACHHPAL SINGH	YES
12	612	KAMALPREET KAUR	GURDEEP SINGH	YES
13	613	SIMRANJIT KAUR	SUCHA SINGH	YES
14	614	MANJINDER KAUR	SURJIT SINGH	YES
15	615	RAVINDER KAUR	BALWINDER SINGH	YES
16	616	RICHA DEM	RAJINDER DEM	YES
		RITIKA	SOMNATH	
17	617	VISHWAKARMA	VISHWAKARMA	YES
18	618	PRERNA	SOMPAL	YES
19	619	HARSIMAR KAUR	RAMANDEEP SINGH	YES
20	620	JYOTI MALIK	RAJEEV KUMAR	YES
21	621	PRABHJOT KAUR	TARSEM SINGH	YES
			AVTAR KRISHAN	
22	622	NAVNEET KAUR	SINGH	YES
23	623	DILPREET KAUR	TARSEM SINGH	YES
24	624	RUPINDER KAUR	KEWAL SINGH	YES
25	625	NAINA	SURESH KUMAR JOYA	YES
26	626	MANPREET KAUR	GURJIT SINGH	YES
27	627	SEJAL SHARMA	DINESH SHARMA	YES
28	628	SUMAN	PHOOLCHAND	YES
29	629	GURLEEN KAUR	S. MANMOHAN SINGH	YES
30	630	AARTI GUPTA	DINESH GUPTA	YES
31	631	GURMEET KAUR	KARAMJIT SINGH	YES
32	632	SAKSHI	SANJEEV KUMAR	YES
33	633	MEHAK BANSAL	SANDEEP BANSAL	YES
			PAWAN KUMAR	
34	634	NANCY	AHUJA	YES
35	635	MUSKAN	BALJEET KUMAR	YES
36	636	MEENU	KULDEEP SINGH	YES
37	637	DIKSHA	RAJKUMAR	YES
20	(20	DIMAN	MR. BALJINDER	VEC
38	638	BIMMY	SINGH PAWAN SINGLA	YES
39	639	SANYA SINGLA	PAWAN SINGLA	YES
40	640	SEJAL HANS	NEERAJ HANS	YES
41	641	HARSHDEEP KAUR	DARSHAN SINGH	YES
42	642	KAWALPREET KAUR	PRITAM SINGH	YES
43	644	JASPREET KAUR	JASWANT SINGH	YES
		1		

44	645	KIRANDEEP KAUR	RAMINDER SINGH	YES
45	646	PRERNA	MAHINDER SINGH	YES
46	647	GURLEEN KAUR	S.JAGJIT SINGH	YES
			R.BAIJNATH PRASAD	
47	648	KUMARI RIYA	ROUT	YES
48	649	JOSHITA SINGLA	MR RAJEEV SINGLA	YES
		HARSHITA	MR. SURINDER	
49	650	MINOCHA	KUMAR	YES
50	651	AARCHIE GARG	RAMAN GARG	YES
51	652	VARKHA	TILAK RAJ	YES
52	653	RAJNI	KAUSHAL KUMAR	YES
53	654	MRINAAL THAKUR	VIRENDER SINGH	YES
54	655	PARUL BHANDARI	MANMOHAN SINGH BHANDARI	YES
55	656	JASPREET KAUR	GURTEJ SINGH	YES
56	657	JASPREET KAUR	BALVIR SINGH	YES
57	658	ANCHAL AGGARWAL	MR. ANUJ AGGARWAL	YES
58	659	MANPREET KAUR	PARAMJIT SINGH	YES
59	660	AVNISH KAUR	AVTAR SINGH	YES
60	661	MEHAK	PAPPU KANOJIYA	YES

#### A WORKSHOP ON DATABASE INTEGRATION WITH PHP ON 04.12.21

A workshop on Database Integration with PHP was conducted on 4th December 2021 by PG Department of Computer science & Applications. The activity aimed at enhancing dynamic web applications development using PHP skills of the students. The Resource person on the occasion was Ms. Antra Verma, Associate Software Engineer from VTNETZWELT Pvt. Ltd. The session was mainly conducted to make students learn hosting of website, connecting the front end with backend database and managing databases.43 students participated in this event.



# A SEMINAR ON TRENDS ON DIGITAL MARKETING AND WEB APPLICATIONS ON 14.11.2019

A seminar on Trends on digital marketing and web applications was conducted on 14th November 2019 by PG Department of Computer science & Applications. The activity aimed at digital marketing skills of the students. The Resource persons on the occasion were Mr. Umesh Jindal ,Hardware and networking expert and Mr. Harjot Singh, PHP developer and trainer from Central head PTU Learning center Ludhiana. The session was mainly conducted to guide students about how to earn money from social sites and developing skills in Flax, Digengo etc. 200 students participated in this event.





#### A SEMINAR ON HACKING AND CYBER SECURITY ON 30.10.2018

A seminar on Hacking and Cyber Security was conducted on 30th October 2018 by PG Department of Computer science & Applications. The activity aimed at enhancing ethical hacking and data security implementation skills of the students. The Resource persons on the occasion were Mr. Aashish Jalota (C.E.O) ,Mr. Anshu Aneja (Director) from ANSH INFOTECH Pvt. Ltd. The session was mainly conducted to teach students about cyber security through various practical examples and made all the students aware about data hacking. 60 students participated in this event.



#### A WORKSHOP ON WEB HOSTING ON 06.02.2019

A workshop on Web Hosting was conducted on 6th February 2019 by PG Department of Computer science & Applications. The activity aimed at enhancing Website Hosting skills of the students. The Resource persons on the occasion were Mr. Aashish Jalota (C.E.O), Mr. Anshu Aneja (Director) from ANSH INFOTECH Pvt. Ltd. The session was mainly conducted to teach students manage the website at backend and administer all the visits of users of the website.150astudents participated in this event.



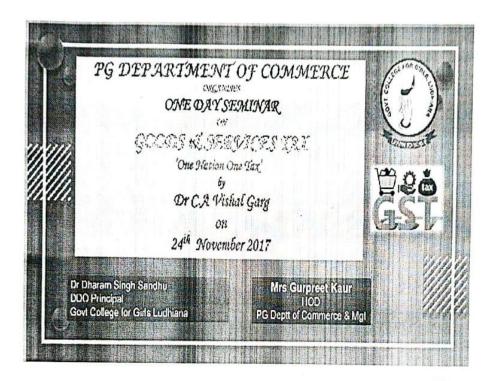
# AN EXTENSION LECTURE ON "CREATING AWARENESS ABOUT DIGITAL BANKING SERVICE ON 9.11.17

An Extension Lecture was conducted by PNB on "Creating awareness about Digital Banking Service." on 9.11.17 that can be availed through smartphones, laptops and computers. They also gave information on using these features in safe and secure manner, keeping intact the privacy of the availed of Banking facilities. 340students participated in this event.



## AN EXTENSION LECTURE WAS CONDUCTED ON TOPIC 'GOODS & SERVICES TAX' ON 24.11.17

An Extension lecture was conducted on the topic 'Goods & Services Tax' by Dr. C.A Vishal Garg on 24.11.17. The lecture gave immense knowledge about GST, its significance and its usage. He highlighted the significance of "One Tax One Nation". 300 students participated in this event.



Principal, Govt. College for Girls LUDHIANA.